GENERAL OBSERVATION CHART
PAEDIATRIC
12 - 17 YEARS

Alteration to calling criteria.

Document reason for Alteration to calling criteria below and urgent review parameters over page. Patient must be reviewed within 24 hours (earlier if clinically indicated). Registrar can document Alteration after discussing with Consultant. Consultant to sign below within 24 hours. If further Alteration to calling criteria required commence new chart.

Date/Time:

Reason for Alteration:

Next review date/time: (not > than 24 hours)

Observation frequency:

Alteration to calling criteria documented over page? □ Yes □ No

Additional instructions and/or comments:

RMO/Registrar name (print):

RMO/Registrar signature:

Consultant name (print):

Consultant signature:

Pain Score – FLACC Pain Scale (behavioural)

<table>
<thead>
<tr>
<th>SCORE 0</th>
<th>SCORE 1</th>
<th>SCORE 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>FACE</td>
<td>No particular expression or smile</td>
<td>Occasional grimace or frown, withdrawn, disinterested</td>
</tr>
<tr>
<td>LEGS</td>
<td>Normal position or relaxed</td>
<td>Uneasy, restless, tense</td>
</tr>
<tr>
<td>ACTIVITY</td>
<td>Lying quietly normal position-moves easily</td>
<td>Squirming, shifting back/forth/tense</td>
</tr>
<tr>
<td>CRY</td>
<td>No cry (awake or asleep)</td>
<td>Moans or whispers Occasional complaints</td>
</tr>
<tr>
<td>CONSOLABILITY</td>
<td>Content, Relaxed</td>
<td>Reassured by occasional touching, hugging or talking to, distractable</td>
</tr>
</tbody>
</table>

Faces Pain Scale – Revised

These faces show how much something can hurt. The left most face (point to this) shows no pain. The faces show more and more pain up to this one (point to the face on the right) which shows very much pain. Point to the face that shows how much you hurt right now.”

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### Paediatric Early Warning Scores (PEWS)

<table>
<thead>
<tr>
<th>PEWS Escalation Table</th>
</tr>
</thead>
<tbody>
<tr>
<td>PEWS: Notify</td>
</tr>
<tr>
<td>PEWS 4-5</td>
</tr>
<tr>
<td>PEWS 6-7</td>
</tr>
<tr>
<td>PEWS ≥ 8</td>
</tr>
</tbody>
</table>

### MET Criteria (Dial “8” for MET)

**Neonatal MET if < 10 months or < 10 kg**
- Any observation in 4MET zone
- SpO2 < 90% on any O2
- SpO2 < 60% in patients with Cyanotic Heart Disease on any O2
- Airway threat
- Respiratory or cardiac arrest

**Paediatric MET if > 10 months or > 10 kg**
- Sudden drop in level of consciousness
- Repeated or prolonged seizures
- Severe or worsening respiratory distress, exhaustion, apnea or cyanosis
- Any patient you are worried about that not fit this criteria

### Clinical indications for waking child up for assessment of level of consciousness include:
- Neurological condition; post operatively or post procedure; medical orders; signs of clinical deterioration and/or PEWS ≥ 4.

Refer to Vital Sign Procedure for clarification.