

End of Life and Palliative Care Education Pathways in the ACT



Learning Outcome: to be able to deliver a culturally appropriate palliative care approach for all people with a life-limiting illness, their families, and carers.



The ACT Health Directorate and other services such as Calvary Public Hospital Bruce are committed to providing quality end of life and palliative care. To assist staff to provide such care that meets patient and family/carer needs as well as accreditation requirements, the following End of Life and Palliative Care Education Pathways are recommended.

CPD points may be allocated for some of the recommended modules. Please refer to individual modules for further information.

Further information on the ACT End of Life and Palliative Care Education Pathway contact toni.ashmore@act.gov.au.

Recommended Modules

GP Setting

Staff Group	Education	Delivery	Time frame	Pre-Requisite
GPs who provide primary end of life and primary palliative care	<p><u>End of Life Essentials Modules</u></p> <p>Complete all modules under</p> <ul style="list-style-type: none"> » Understanding death and dying » Clinical Skills with end of life care <p>Complete optional modules recommended depending on work area</p> <ul style="list-style-type: none"> » End of Life care with different patients 	Online	20 min per module	Nil
	<p><u>Withdrawing Treatment and Deprescribing (palliaged.com.au)</u></p>	Online	1.5 hours	Nil
	<p><u>End of Life Law for Clinicians (ELLC)</u></p>	Online	4 hours	Nil
	<p>End of life in residential age care Facility – PEPA workshop</p>	Face to Face / Online	3 hours inc dinner	Completion of end of life essentials modules
	<p>Post Death Care and quality of death audit</p>	Face to Face / Online	3 hours inc dinner	Completion of end of life essentials modules

Staff Group	Education	Delivery	Time frame	Pre-Requisite
GPs who provide primary end of life and primary palliative care	OPTIONAL			
	The Advance Project (Hammond Care)	Online	Flexible	Nil
	Implementing a palliative approach in the GP setting: PEPA workshop	Face to Face / Online	1 Day	End of Life Essentials
	Annual End of Life Care Special Topic Workshop	Face to Face/Online	2 hours	Nil
	RACGP Guidelines – Palliative Care	Online	Flexible	Nil
	Gold Standards Prognostic Indicators	Online	Flexible	Nil
	OR PEPSICOLA framework			
Relevant Health Pathway resources <ul style="list-style-type: none"> » Advance Care Planning » Management of the Terminal Phase - this pathway provides links to other relevant pathways such as the Palliative Care Pain Management pathway » Palliative Care Pain Medications » (access to HPs: username: together, password: forhealth) 	Online	Flexible	Nil	
Practice Nurses / Allied Health Professionals	End of Life Essentials Modules Complete all modules under <ul style="list-style-type: none"> » Understanding death and dying » Clinical Skills with end of life care Complete optional modules recommended depending on work area <ul style="list-style-type: none"> » End of Life care with different patients 	Online	3 hours	Nil
	Advance Care Planning 10 modules	Online	Flexible	Nil
	ELLC End of Life Law for Clinicians	Online	5 hours	Nil
	OPTIONAL			
	The Advance Project (Hammond Care)	Online	4 hours	Nil
	RACGP Guidelines – Palliative Care	Online	Flexible	Nil
	Gold Standards Prognostic Indicators OR PEPSICOLA framework	Online	Flexible	Nil

End of Life Champions

An End of Life Champions Program is available to Registered nurses, Allied Health Professionals and Medical Officers for staff who would like to enhance their end of life care skills and provide support and mentoring to others in their work area.

Further information on the End of Life Champion Program can be found on the ACT Health Directorate Website or through your manager.