

End of Life and Palliative Care Education Pathways in the ACT



Learning Outcome: to be able to deliver a culturally appropriate palliative care approach for all people with a life-limiting illness, their families, and carers.



The ACT Health Directorate and other services such as Calvary Public Hospital Bruce are committed to providing quality end of life and palliative care. To assist staff to provide such care that meets patient and family/carer needs as well as accreditation requirements, the following End of Life and Palliative Care Education Pathways are recommended.

All training / education must be approved by the trainee's manager and completed training/ education must be recorded on each organisations learning platform. For external courses, the trainee will need to provide their completion certificate to their Clinical Development Nurse or Manager. If there is no one available in the trainee's area.

Further information on the ACT End of Life and Palliative Care Education Pathway contact toni.ashmore@act.gov.au.

Recommended Modules

Consumer and Community Members

Target / Focus Group	Education / Training	How is this delivered?	How long will it take?	How can I access this?
Community members, Patients and Carers	PalliLearn Community Education Program ACT (launching end of 2021) <ul style="list-style-type: none"> » What is Palliative Care » Your role in a Compassionate Community » How to nurture compassion » How to have conversations about dying and grief » Palliative Caring: planning in 5 steps » Talking to children about dying » What matters most to me? » Self Care 	Online courses	1 hour per module	Contact Palliative Care ACT on ph 02 6255 5771 or www.pallcareact.org.au
	Specific Course Sessions for your community, organisation, business or group. These sessions recognise the diversity of communities and will be tailored to your needs.	Face to face and Online	Flexible	Contact Palliative Care ACT on ph 02 6255 5771 or www.pallcareact.org.au
	Dying2Learn Hub	Online courses	Flexible	Dying2Know Online Course
	Common questions about palliative care (ACT)	Online – Youtube Webinar	55 mins	Helping your family carers be prepared for end of life caring
	Helping your family carers be prepared for end of life caring (Youtube Webinar)	Online – Youtube Webinar	30 mins	Common questions about palliative care
	Caring@home – support to assist carers with medications at home.	Face to Face	Flexible	Ask your Hospital, Home based palliative care or Community Nurse if this is suitable for you

Target / Focus Group	Education / Training	How is this delivered?	How long will it take?	How can I access this?
Community members, Patients and Carers	Practical Palliative Caring for families and carers. Recognising the diversity of communities, specific sessions can be tailored to your needs.	Face to Face	1.5 hours	Contact Clare Holland House on Ph 02 6273 0336
	Advance Care Planning Group Sessions Recognising the diversity of communities, specific sessions can be tailored to your needs.	Face to Face	Flexible	Contact Advance Care Planning ACT on Ph 02 5124 9274 or acp@act.gov.au
	Carer Pathways (Carer Help)	Online – reading resources	Flexible	Carer Pathways (Carer Help)
Palliative Care ACT Volunteers	Palliative Care ACT Volunteer Training Program	Face to face and Online	2 days	Contact Palliative Care ACT on ph 02 6255 5771 or www.pallcareact.org.au
	Palliative Care ACT Paediatric Volunteer Training Program	Face to face and Online	Flexible	Contact Palliative Care ACT on ph 02 6255 5771 or www.pallcareact.org.au Must have completed Palliative Care ACT Volunteer Training Program