

# End of Life and Palliative Care Education Pathways in the ACT



**Learning Outcome: to be able to deliver a culturally appropriate palliative care approach for all people with a life-limiting illness, their families, and carers.**



The ACT Health Directorate and other services such as Calvary Public Hospital Bruce are committed to providing quality end of life and palliative care. To assist staff to provide such care that meets patient and family/carer needs as well as accreditation requirements, the following End of Life and Palliative Care Education Pathways are recommended.

All training / education must be approved by the trainee's manager and completed training/ education must be recorded on each organisations learning platform. For external courses, the trainee will need to provide their completion certificate to their Clinical Development Nurse or Manager. If there is no one available in the trainee's area.

Further information on the ACT End of Life and Palliative Care Education Pathway contact [toni.ashmore@act.gov.au](mailto:toni.ashmore@act.gov.au).

## Recommended Modules

### Community Based Health Setting

Staff Group	Education	Delivery	Time frame	Pre-Requisite
<b>Community based Registered Nurses where end of life and generalist palliative care is provided</b>	<u>End of Life Essentials Modules</u> Complete all modules under <ul style="list-style-type: none"> <li>» Understanding death and dying</li> <li>» Clinical Skills with end of life care</li> </ul> Complete optional modules recommended depending on work area <ul style="list-style-type: none"> <li>» End of Life care with different patients</li> </ul>	Online	20 minutes per module	Nil
	<u>End of Life Law for Clinicians (ELLC)</u>	Online	4 hours	Nil
	<u>Advance Care Planning (Capabiliti)</u>	Online	20 min	Nil
	<u>The Guidelines for a Palliative Approach to Aged Care in the Community (COMPAC) Module 4 'Delivering a Palliative Approach for Aged Care in the Community'</u>	Online	Flexible	Nil
	Comfort Care Support at the End of Life for community setting (to be developed)	Face to Face	1 hour	Nil
	EOL care & generalist palliative care in a community setting (to be developed)	Face to Face	2 hours	Nil
	<u>RACGP Guidelines – Palliative Care</u>	Online	Flexible	Nil
	<u>Relevant Health Pathway resources</u> <ul style="list-style-type: none"> <li>» <u>Advance Care Planning</u></li> <li>» <u>Management of the Terminal Phase</u> - this pathway provides links to other relevant pathways such as the <u>Palliative Care Pain Management</u> pathway</li> <li>» <u>Palliative Care Pain Medications</u></li> <li>» <u>Consensus Statement on the use of Palliative Sedation Therapy in the ACT</u></li> </ul> <a href="https://actsnsw.communityhealthpathways.org/13454.htm">https://actsnsw.communityhealthpathways.org/13454.htm</a> Username: together ; Password: forhealth)	Online	Flexible	Nil

Staff Group	Education	Delivery	Time frame	Pre-Requisite
Enrolled Nurse	<b>PCC4U Enrolled Nurse Toolkit</b> <ul style="list-style-type: none"> <li>» <a href="#">Principles of palliative care</a></li> <li>» <a href="#">Communicating with people with life-limiting conditions</a></li> <li>» <a href="#">Principles of symptom assessment and management</a></li> <li>» <a href="#">Assessment and management of pain</a></li> <li>» <a href="#">Optimising function in palliative care</a></li> <li>» <a href="#">Terminal care and bereavement support</a></li> </ul>	Online		Nil
	<a href="#">Palliative Care in Practice (delivered in conjunction with the PCC4U Enrolled Nurse Toolkit)</a>	Face to Face	6 hours	PCC4U Enrolled Nurse toolkit is a co-requisite
Assistant in Nursing/ Allied Health Assistants	<b>PCC4U Care Worker Toolkit</b> <ul style="list-style-type: none"> <li>» <a href="#">The principles and aims of a palliative approach</a></li> <li>» <a href="#">Supporting care</a></li> <li>» <a href="#">Providing care</a></li> <li>» <a href="#">End of life care strategies</a></li> <li>» <a href="#">Managing your own emotional responses</a></li> </ul>	Online		Nil
	<a href="#">Palliative Care in Practice (delivered in conjunction with the PCC4U Enrolled Nurse Toolkit)</a>	Face to Face	6 hours	PCC4U Care worker Toolkit is a co-requisite
Allied health in the Community Setting where palliative care end of life care is delivered (including private practitioners)	<b>End of Life Essentials Modules</b> Complete all modules under <ul style="list-style-type: none"> <li>» <a href="#">Understanding death and dying</a></li> <li>» <a href="#">Clinical Skills with end of life care</a></li> </ul> Complete optional modules recommended depending on work area <ul style="list-style-type: none"> <li>» <a href="#">End of Life care with different patients</a></li> </ul>	Online	3 hours	Nil
	<a href="#">Bereavement Care for Social work and Psychology (Social workers and Psychologists only)</a>	Face to Face	1 day	Nil
	<a href="#">Advance Care Planning (Public Health staff only)</a>	Online	20 min	Nil
	<a href="#">Advance Care Planning Australia (Private health professionals)</a>	Online	Flexible	Nil
	<a href="#">Comfort Care Support at the End of Life in-community settings</a>	Face to Face	1 hour	Nil
	<a href="#">The Guidelines for a Palliative Approach to Aged Care in the Community (COMPAC) Module 4 'Delivering a Palliative Approach for Aged Care in the Community'</a>	Online	Flexible	Nil
	<a href="#">ELDAC End of Life Law for the Aged Care Sector</a>	Online	Flexible	Nil

## End of Life Champions

An End of Life Champions Program is available to Registered nurses, Allied Health Professionals and Medical Officers for staff who would like to enhance their end of life care skills and provide support and mentoring to others in their work area.

Further information on the End of Life Champion Program can be found on the ACT Health Directorate Website or through your manager.