

The definitions of terms define important concepts relating to the *Mental Health Act* 2015. Unless otherwise stated, any reference to 'the Act', means *the Mental Health Act* 2015 (the Act).

The most up-to-date version of the glossary can be found on the Office of the <u>Chief Psychiatrist</u> webpage.

#### A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Absconding	A person leaves an approved mental health or community care
Abscorraing	facility at which they are being treated under a mental health order
	without permission.
ACT Civil and	•
Acr civil and Administrative Tribunal	An independent entity who has the legal authority to make
	decisions about whether a person needs treatment, care or support
(ACAT)	under the Act. ACAT usually includes a lawyer, a psychiatrist and a
	community member. Their role is to make a range of decisions
	under the Act about a person's mental health treatment, care or
	support. This includes making decisions about whether to grant
	Mental Health Orders.
Advance Agreement (AA)	A written document stating a person's preferences and consent for
	future mental health treatment, care or support. The AA can be
	used if the person loses decision-making capacity. A person may
	make an AA when they have decision-making capacity.
Advance Consent Direction	A written document made by a person, stating their consent or non-
(ACD)	consent to receiving treatment, care or support, or specific
	medications and procedures if, in the future, they become unwell
	and do not have decision-making capacity. A person may make an
	ACD when they have decision-making capacity.
Affected person	Someone who has suffered harm because of a crime committed, or
	alleged to have been committed, by a person on (or who could be
	on) a Forensic Mental Health Order. An affected person may require
	some support or protection and may also be entitled to information
	and assistance as a victim of crime under the <i>Victims of Crime Act</i>
	1994.
Affected person's register	A register, kept by ACAT, of persons affected by an offence
	committed or alleged to have been committed by a forensic patient.
Apprehension	The detention and transportation of a person to an approved
	mental health facility by a doctor, a Mental Health Officer, an
	authorised ambulance paramedic, or a police officer when they
	meet criteria set out in s. 80 of the Act.





Approved community care	A place approved by the Minister for Mental Health under s. 262 of
facility	the Act. This is a facility that a person may be taken, if they are on a
	Community Care Order, if there is a Restriction Order in place or the person has contravened a Community Care Order. In the ACT this
	includes:
	Canberra Hospital
	Gawanggal Mental Health Unit
	Dhulwa Mental Health Unit
	Calvary Hospital (with the exception of the Emergency
	Department)
	The Adult Mental Health Rehabilitation Unit.
Approved mental health	A place approved by the Minister for Mental Health under s. 261 of
facility	the Act. This is a facility that a person may be taken to, if they are
,,	detained under emergency detention, on a Mental Health Order
	requiring inpatient treatment, care and support or have
	contravened a Psychiatric Treatment Order. In the ACT this includes:
	Canberra Hospital
	Gawanggal Mental Health Unit
	Dhulwa Mental Health Unit
	Calvary Hospital (except for the Emergency Department)
	The Adult Mental Health Rehabilitation Unit.
	Under Canberra Health Service policy, the Emergency Department is
	the only approved mental health facility where a person can be
Assessment Order	taken following an Emergency Apprehension.
Assessment Order	An order that enables the assessment of the person with the possible mental illness or mental disorder. An Assessment Order
	must:
	state the nature of the assessment to be conducted
	<ul> <li>state the approved mental health facility where the assessment</li> </ul>
	is to be conducted
	<ul> <li>direct the person to be assessed to attend the facility and, if</li> </ul>
	necessary, stay the facility until the assessment is conducted.
Attorney	A person appointed under the <i>Powers of Attorney Act 2006</i> .
Authorised Ambulance	A member of the ambulance service who can undertake
Paramedic	apprehensions and transport a person to an approved mental
	health facility for assessment and treatment, if they believe the
	person:
	has a mental illness/disorder
	has attempted or is likely to cause serious harm to themselves
	or others
	<ul> <li>the person needs to be examined by a doctor immediately, and does not agree to this</li> </ul>
	OR
	<ul> <li>has a Removal Order in place and requires transporting to an approved mental health facility</li> </ul>
	has had their leave revoked and the person requires transport
	to an approve mental health or community care facility
	has contravened their Mental Health Order.

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Authorised officer under Section 243	<ul> <li>An authorised ambulance paramedic, a doctor, a mental health officer or a police officer who, in relation to an interstate patient in the ACT, can exercise any function given to a person under a corresponding law or under an interstate involuntary treatment order. This may include:         <ul> <li>apprehension of the person in breach of interstate Mental Health Order or Forensic Mental Health Order</li> <li>the interstate transfer of a person on an Emergency Order, a Mental Health Order or Forensic Mental Health Order.</li> </ul> </li> </ul>
Care Coordinator	<ul> <li>A public servant, appointed by the Minister under s. 204 of the Act.         The Care Coordinator is responsible for:         <ul> <li>coordinating the treatment, care or support for a person living with a mental disorder who is subject to a Community Care                 Order or a Forensic Community Care Order</li> </ul> </li> <li>other functions given under the Act.         <ul> <li>The Care Coordinator may delegate some of their responsibilities to appropriate people to ensure matters under the Act are dealt with efficiently.</li> </ul> </li> </ul>
Carer	A person who provides personal care, support or assistance to a person who has a mental illness or a mental disorder. People can be carers if they are a partner, parent, child, relative or guardian of the person, or if they live with a person who experiences a mental illness or disorder. However, a person is not automatically considered to be a carer simply because they hold such a place/position.  A person is not a carer if they provide short-term care only, or if care is provided on a commercial or volunteer basis, or as part of education/training.
Child	A person under 12 years old (s. 11 <i>Children and Children and Young People Act 2008</i> ).
Child and adolescent psychiatrist	A psychiatrist who is a member of the Faculty of Child and Adolescent Psychiatry of the Royal Australian and New Zealand College of Psychiatry (s. 153(4) of the <i>Mental Health Act 2015</i> ), or a similarly accredited body.
Chief Psychiatrist	<ul> <li>A psychiatrist and public servant appointed by the Minister under s.</li> <li>196 of the Act. Functions of the Chief Psychiatrist include:</li> <li>to provide treatment, care or support, rehabilitation and protection for persons who have a mental illness</li> <li>to make reports and recommendations to the Minister with respect to matters affecting the provision of treatment, care or support, control, accommodation, maintenance and protection for persons who have a mental illness</li> <li>make guidelines for a mental health facility, mental health professional or anyone else exercising a function under this Act</li> <li>any other function given to the chief psychiatrist under this Act to ensure matters under the Act are dealt with efficiently.</li> </ul>

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Community Care Order (CCO)	An Order made by ACAT that authorises the involuntary treatment, care and support of someone with mental disorder.
	A Community Care Order can be made for up to six months, either as an inpatient or in the community. It may also authorise certain restrictions to ensure that treatment care and support can be safely delivered.
Community Corrections Order	An order made by a court where a person is serving a custodial sentence or is on a corrections order in the community. They may be either voluntary or involuntary, i.e. on Emergency Detention or a Mental Health Order.
<b>Comprehensive examination</b> , conducted under section 86 of the Act	An in-depth examination, which includes both psychiatric and physical systems. The examination must be undertaken by a doctor who did not conduct the initial examination of the person under section 84 of the Act. Ideally, this should be a Consultant Psychiatrist. If a Consultant Psychiatrist is not available to conduct the examination face to face, either:  • a Psychiatry Registrar, or  • another doctor, in consultation with a Consultant Psychiatrist, may conduct the psychiatric examination.
Confinement	Any restriction of movement or liberty of a person that does not include seclusion) (Australian Institute of Health and Welfare Data Dictionary) (See also seclusion, in this document).
Contravention of a mental health order	Occurs where a person on a Mental Health Order, Forensic Mental Health Order, Community Care Order, Forensic Community Care Order or Restriction Order has failed to comply with all the conditions of the Order.
Correctional patient	A person serving a custodial sentence who requires treatment, care or support in an approved mental health facility and consents to receiving the treatment, care or support.
Corrections Director- General	A person appointed under the <i>Corrections Management Act, 2007.</i> A delegate of the Correction Services Director-General must be consulted in matters relating to a person with a mental illness or mental disorder, when the person is a detainee, a person released on parole or licence, or a person serving a community-based sentence for who must be consulted.
Children and Young People's Director-General	A person appointed under the <i>Children and Young People Act, 2008</i> .  A delegate of the Children and Young People's Director-General must be consulted in matters relating to a young person with a mental illness or mental disorder.





Decision-making capacity	A person is considered to have decision making capacity to make a decision in relation to their treatment, care or support for a mental disorder or mental illness if they can, with reasonable assistance if needed:
	<ul> <li>understand when a decision needs to be made about their treatment, care or support, and</li> </ul>
	<ul> <li>understand the facts of the decision, and</li> </ul>
	<ul> <li>understand the races of the decision, and</li> <li>understand the main choices available to them in relation to the</li> </ul>
	decision, and
	weigh up the consequences of the main choices, and
	<ul> <li>understand how the consequences affect them, and</li> </ul>
	make the decision based on the above information, and
	communicate the decision in whatever way they can.
Detainee	A person serving a custodial sentence in a correctional facility,
	under section 6 of the <i>Corrections Management Act 2007</i> , i.e. the
	Alexander Maconochie Centre or a place of detention, i.e. Bimberi
	Youth Justice Centre, who requires treatment, care or support at an
Dealer	approved mental health facility.
Doctor	A person registered under the Health Practitioner Regulation
	National Law (ACT) to practise in the medical profession (other than as a student) (Health Practitioner Regulation National Law ACT, can
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Electroconvulsive therapy	be accessed at https://www.legislation.act.gov.au/a/db_39269/)  A procedure for the induction of an epileptiform convulsion in
Electroconvulsive therapy	person for treatment of a mental illness.
Electroconvulsive Therapy	An order under section 157 of the Act for the administration of
Order	electroconvulsive therapy to a person
Emergency	An order under section 162 of the Act for the emergency
Electroconvulsive Therapy	administration of electroconvulsive therapy to a person
Order	administration of electroconvaisive therapy to a person
Eligible person	An individual who the Minister for Mental Health is satisfied is
S a para	suitable to hold a licence to operate a private mental health facility.
Emergency detention 3	An order allowing a person to be held involuntarily at an approved
day (ED3)	mental health facility. It is based on an initial examination, when
	two doctors who are satisfied that the person meets the criteria set
	out in s. 81(2) of the Act. A person can be detained for a maximum
	of 3 days on this order.
Emergency detention 11	An order allowing a person on an ED3 to be held involuntarily at an
day (ED11)	approved mental health facility for up to a further 11 days. The
	person detained must continue to meet the criteria for detention.
	An application is made by the Chief Psychiatrist or their delegate to
	ACAT who approves this period of detention.
Emergency leave	Leave, generally granted for person detained in a secure mental
	health or community care facility, where the person requires urgent
	medical care that cannot be provided in the secure mental health or
F 1 - /C - 1	community care facility.
<b>Executive</b> (for the purposes	Chief Minister and such other Ministers as are appointed by the
of this Act)	Chief Minister (s. 36 Australian Capital Territory (Self-Government)
	Act 1988).

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Familia at the of	The thouse continue of an alterity control (1997)
Forcible giving of	The therapeutic use of medication, against a person's will, to
medication	prevent any immediate and substantial risk of the person causing
	harm to themselves or someone else. The treatment provided at
	this time can only be to minimise immediate risk, rather than for
	longer-term improvement (s. 88 of the Act).
	Regarding the forcible giving of medication, minimum treatment,
	care or support generally means not administering treatment, care
	or support that will impact the person's function for longer than
	three days. However, section 88(2) of the Act provides an
	exception, if the Chief Psychiatrist (or delegate) believes that the
	person has a mental illness for which they believe long-acting
	medication is the most appropriate treatment.
	Note: Only a person on Emergency Detention or a Mental Health
	· · ·
	Order can be forcibly medicated.
Forensic Community Care	A Forensic Community Care Order authorises the involuntary
Order (FCCO)	treatment, care and support of someone with mental disorder who
	is involved with the criminal justice system. It can be either as an
	inpatient or in the community and can be made for up to three
	months. If four consecutive Forensic Community Care Orders have
	been made for a person for one year), a one-year order can be
	made.
Forensic patient	A person in relation to whom a Forensic Mental Health Order may
	be or has been made.
Forensic Psychiatric	A Forensic Psychiatric Treatment Order authorises the involuntary
Treatment Order (FPTO)	treatment, care and support of someone with mental illness who is
	detained in a correctional facility, at a place of detention or is
	serving a community-based sentence, on parole, or where a court
	has found that person to be 'unfit to plead' or 'mentally impaired'
	under the Crimes Act 1900 (ACT) or the Crimes Act 1914
	(Commonwealth). It can be either as an inpatient or in the
	community and can be made for up to three months. If four
	consecutive Forensic Psychiatric Treatment Orders have been made
	for a person for one year), a one-year order can be made.
Frisk Search	A search conducted by quickly running the hands over the persons'
Trisk Scarcii	outer garments and examining anything worn or carried by the
	person is conveniently and voluntarily removed by the person (s. 39
	Mental Health, (Secure Facilities) Act 2016).
Guardian	
Guardian	A person who is given the power to make decisions on behalf of a
	person who is unable to make decisions for themselves. All
	guardians, including public guardians and health attorneys, are
	appointed by ACAT under the <i>Guardianship and Management of</i>
	Property Act 1991 (ACT). A Guardian's decision is not enforceable
	against the person's disagreement. Guardians are required to be
	consulted about decisions made by ACAT, the Chief Psychiatrist or
	the Care Coordinator (or their delegates).





Health attorney	Someone that is closely connected to a person, who can consent to medical treatment on a person's behalf at the request of a doctor (Guardianship and Management of Property Act 1991 (ACT)). This is for immediate or short-term treatment. Under some sections of the Act, health attorneys (like guardians and people with powers of attorney) can provide consent and/or are required to be involved in decisions about the assessment, treatment, care or support for people with a mental illness or mental disorder. In the ACT, a health attorney may be a domestic partner, carer for the person or close relative or friend.	
Health Direction	A written statement advising the medical treatment a person does not consent to being given, or the medical treatment they want withdrawn (generally or specifically) in the event they do not have decision-making capacity. Health Directions are made under the Medical Treatment (Health Directions) Act 2006.	
Initial examination	An assessment of a person's mental state and immediate health issues. The examination is conducted, in person, by:  a Consultant Psychiatrist  a psychiatric Registrar with consultation from a Psychiatrist, or  another doctor with consultation from a Psychiatrist (s. 84(2)).	
Interstate authorised person	An interstate authorised ambulance paramedic, doctor, Mental Health Officer, or police officer who may exercise any function conferred on them under a corresponding law or under a law of another state that provides for the treatment care or support the person with mental illness or mental disorder. These functions include:  • apprehending an interstate patient who is in contravention of their mental health order, or  • apprehending a patient from the ACT, who is in another state, and has contravened their mental health order, or  • transfer a person interstate if:  • the person is under mental health or forensic mental health order and ACAT makes an interstate transfer order in relation to the person, or  • the person is detained on emergency detention and the Chief Psychiatrist directs the person be transferred to an interstate mental health facility.	
Interstate involuntary treatment order	An order made under a corresponding law for the involuntary treatment of a person with a mental disorder or mental illness at an interstate mental health facility or in the community.	
Interstate mental health facility	A hospital or other mental health facility in another state that a person may be admitted to under a corresponding law for treatment, care or support for mental illness.	
Interstate patient	A person who is on to an interstate involuntary treatment order.	
Involuntary	The legal status of a person under the Act if they are on a Mental Health Order, emergency detention, or are otherwise held without their consent under the Act.	

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Leave in amorgan av av	Leave can be granted by the Chief Dayahistrict or Care Coordinator if
Leave in emergency or	Leave can be granted by the Chief Psychiatrist or Care Coordinator if
special circumstances for a	there is an emergency or special circumstances for granting the
patient under a forensic	leave for a person on a Forensic Mental Health Order who is an
mental health order	inpatient at a mental health or community care facility.
Legal Status	The legal authority, under the Act, which determines the level of
	treatment, care and support that can be provided either with, or
	without, the person's consent.
	A person can have two legal status a:
	mental health legal status – voluntary, involuntary, correctional
	patient under the Act, and
	<ul> <li>correctional Corrections Act 1900 legal status – detainee,</li> </ul>
	community detainee.
Mechanical restraint	The physical restraint of a person using a device, material or
Wiceffamearrestraint	equipment attached to or near a person's body. The restrained
	person is unable to control or easily remove the device which is
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	deliberately intended to prevent a person's free movement to
	maintain their safety and wellbeing, or that of others around them.
Mental Disorder	A disturbance or defect, to a substantially disabling degree, of
	perceptual interpretation, comprehension, reasoning, learning,
	judgment, memory, motivation or emotion; but does not include a
	condition that is a mental illness.
	A mental disorder can be secondary to dementia (e.g. Alzheimer's
	disease), intellectual disability, acquired brain injury or other
	degenerative neurological conditions. A mental disorder
	significantly affects a person's ability to function in day-to-day life.
Mental Illness	A condition that seriously impairs (either temporarily or
	permanently) mental functioning of a person in one or more areas
	of thought, mood, volition, perception, orientation or memory. It
	can be characterised by presence of:
	<ul> <li>delusions, hallucinations, serious disorders of streams of</li> </ul>
	thought, serious disorders of thought form, or serious
	disturbance of mood, or
	a sustained or repeated irrational behaviour that may be taken
	to indicate the presence of at least 1 of the symptoms mentioned
	in the dot point above.
	A mental illness may be secondary to mood disorders (e.g. major
	depressive disorder and bipolar disorder) and psychotic illnesses
	(e.g. schizophrenia).
Mental health officer	A nurse, nurse practitioner, psychologist, occupational therapist or
	social worker and appointed by the Chief Psychiatrist, to undertake
	specific functions under the Act.
Mental health status	The legal authority, under the Act, which determines the level of
	treatment, care and support that can be provided either with, or
	without, the person's consent.
	There are two types of mental health status:
	· ·
	people held under the Act - voluntary, and
	people held under the Act - involuntary.

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Nominated person	An individual appointed by a person with a mental illness or mental disorder under the Act. They are to be informed and consulted about the person's treatment, care and support and ensure that the person's interests and rights are respected. A Nominated person does <b>not</b> have the power to make treatment or other decisions on		
	behalf of the person with a mental illness or mental disorder. They		
Nurse Practitioner	provide support to and advocate for the person.  An advanced practice nurse endorsed by the Nursing and Midwifery		
	Board of Australia (NMBA) to practice within their scope under the legislatively protected title 'nurse practitioner'.		
Official (for the purpose of	Chief Psychiatrist, Care Coordinator, a Mental Health Officer or		
the Act)	anyone else exercising a function under section 265(3) of the Act.		
Official Visitor	An individual authorised to visit locations where people are being		
	provided treatment, care or support, including mental health facilities. Their roles include:		
	<ul> <li>inspecting facilities to make sure the Act and a person's rights</li> </ul>		
	are being upheld		
	<ul> <li>receiving feedback (both positive and negative) from people</li> </ul>		
	who are in the care of the ACT Government, including those		
	who may be receiving involuntary treatment or care.		
Ordinary search	A search of a person, or of articles in a person's possession, that		
	may include requiring the person to remove their overcoat, coat or		
	jacket and any gloves, shoes, hat or bag, and an examination of		
	those items.		
Person in Charge	The senior member of staff in charge of an approved mental health		
	facility at any time. This is generally the Clinical Director, Assistant		
	Director of Nursing (ADON), Clinical Nurse Consultant (CNC) or their		
Physical examination	delegate (after hours).  An examination including the following:		
Physical examination			
	of tobacco, alcohol and any other substances		
	<ul> <li>general observations - pulse, temperature, blood pressure, height, weight</li> </ul>		
	<ul> <li>review of all major organ systems and other relevant systems as</li> </ul>		
	indicated by the person's history.		
Police officer	An officer of the Australian Federal Police.		
Private psychiatric facility	A hospital or other facility, that is not operated by the ACT		
	Government.		
Psychiatric examination	An examination including the following:		
	taking a comprehensive history of relevant issues,		
	<ul> <li>risk assessment, including risk of suicidality,</li> </ul>		
	cognitive tests appropriate to the person's presentation, and		
	collecting and other relevant information, e.g. collateral		
	information from carers.		
	Mental State Examination (MSE).		





Develorie Treatment	A time of Montal Hoolth Order mode by ACAT ander the Act. A
Psychiatric Treatment	A type of Mental Health Order made by ACAT under the Act. A
Orders (PTO)	Psychiatric Treatment Order authorises the involuntary treatment,
	care and support of someone with mental illness when they require
	longer term treatment, care and support. It also authorises certain
	restrictions (such as admission or detention in an approved mental
	health facility) to ensure that this treatment, care and support can
	occur safely and effectively. A Psychiatric Treatment Order can be
	made for up to six months, and can authorise involuntary
	treatment, care and support either as an inpatient or in the
	community.
Psychiatrist	A doctor who:
	is registered under the Health Practitioner Regulation National
	Law (ACT) to practice in the specialty of psychiatry, or
	<ul> <li>meets the requirements prescribed by regulation (Mental</li> </ul>
	Health Act 2015).
Psychiatric surgery	A specialised neurosurgery for psychiatric conditions.
Public Advocate	An independent statutory position that is appointed under the
	Human Rights Commission Act 2015, whose role is to protect and
	promote the rights and interests of vulnerable people in the ACT.
	The Mental Health Act 2015 says the Public Advocate must receive
	certain information and be consulted about decisions that are being
	made about your treatment, care or support if you are unable to
	make decisions for yourself and if there is no-one else suitable or
	available to act as your guardian.
Removal Order	An order made by ACAT where a person fails to engage in the
	tribunal process or comply with an assessment order. The Order
	may require that the person is to be taken to an approved mental
	health facility for the assessment to be carried out.
Restriction Order	An order made by ACAT that states where a person must live or
	which facility they must stay at. It may also indicate any people they
	must not see or talk to, places they must not go and/or things they
	must not do.
Scanning search	A search of a person by electronic or other means that does not
8	require the person to remove their clothing or to be touched by
	someone else (s. 264(6) of the Act). For example, using a handheld
	wand to scan a person's body.
	Alert: Scanning searches can only be conducted by Security Officers
	who are trained and licensed to use the scanning equipment.
Section 309 (Order made	An order made under the <i>Crimes Act 1900</i> , where, during
under of the Crimes Act)	proceedings at the Magistrates Court, the court has reasonable
and or the entitles hely	grounds for believing that an accused person requires immediate
	treatment or care because of mental impairment. The court may
	require the person to undergo a mental health assessment, without
	requiring the accused to submit to the jurisdiction of the ACAT
	(s. 309 the Crimes Act 1900).
	Under this order, the accused person will be taken to an approved
	mental health facility and detained for clinical examination for the
	sole purpose of deciding whether they need immediate treatment or care because of mental impairment.
	or care because or mentarimpairment.

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Reasonable force	Use of force to the minimum extent necessary to safely provide adequate treatment, care and support in a manner that maximises safety for both the person and those involved in the person's care.  This may include:  forcing entry into a person's property, or  forcible giving of medications to sedate or otherwise restrain the person, or		
	<ul> <li>physical restraint of the person (blocking the person from leaving, physical holds, use of straps)</li> </ul>		
Rehabilitation	Support provided to a person to restore a person to health, as much as is possible. This may include, but is not limited to:  teaching of skills needed for independent living  support to improve social confidence, and assistance to improve work skills.		
Referring Officer	<ul> <li>a police officer who:         <ul> <li>arrests a person in connection with an offence, or</li> <li>is satisfied that there are sufficient grounds on which to charge a person in connection with an offence, or</li> <li>charges a person in connection with an offence, or</li> <li>a member of the staff of the director of public prosecutions who is responsible for the prosecution of an offence against a person, or</li> <li>if the person is required to accept supervision by someone else as a condition of bail under the <i>Bail Act 1992</i>:</li> <li>the Corrections Director-General (for and adult), or</li> <li>The and a child may be supervised by the if the person is required to accept supervision by someone else as a condition of bail under the Bail Act 1992—that other person. Note Under the Bail Act 1992, s 25 (4) and s 26 (2), an adult may be supervised by the corrections director-general and a child may be supervised by the Children and Young's People Director-General (for a young person).</li> </ul> </li> </ul>		
Restraint	The interference with, or restriction of, an individual's freedom of movement.		
Seclusion	The confinement of a person at any time of the day or night alone in a room or area from which free exit is prevented.		
Secure mental health unit	An approved mental health facility, which the Minister for mental health declares to be a secure mental health facility.		
Special circumstances leave	Leave, generally from a secure mental health or community care facility, under special circumstances. Leave may include, but is not limited to, leave to visit a family member who has a life-threatening illness, injury, to attend a relative's funeral or to attend court.		
Supported decision- making	A process that ensures a person is given all the help they might need to make decisions about their treatment, care or support. This may mean:  • providing information about treatment, care and support in different ways (e.g. using an interpreter), and  • using other people, that the person trusts, to help them understand the decision they are making may also be helpful (e.g. a family member or close friend).		

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Transfer direction	<ul> <li>A written decision made by the Chief Psychiatrist that a person who has a mental illness and is being held at a place of detention or a detention centre be transferred to an approved mental health facility, if:         <ul> <li>the Chief Psychiatrist is satisfied that the person would receive more appropriate treatment, care or support at the approved mental health facility, and</li> <li>the person does not meet the criteria for a Mental Health Order or a Forensic Mental Health Order.</li> </ul> </li> </ul>	
Tuesting toom		
Treating team	The group of people who work together to provide treatment, care or support to a person living with a mental illness or mental disorder. This includes allied health staff, doctors (including psychiatrists), nurses and professional carers who are employed to work in a person's home or supported accommodation.	
Treatment and Location	A written instruction, made by the treating team, which	
Determination (TPLD)	accompanies an application to ACAT for a Psychiatric Treatment	
form	Order, a Community Care Order, Forensic Psychiatric Treatment	
	Order, or a Forensic Community Care Order. It specifies:	
	<ul> <li>where the person is to receive care (community or inpatient),</li> <li>and</li> </ul>	
Treatment, care and	<ul> <li>if the person is to receive treatment, care or support in the community, the times when and the place where the person is required to attend to receive treatment, care or support or to undertake a counselling, training or therapeutic, or rehabilitation program in accordance with the order, or</li> <li>if the person is to receive treatment, care or support as an inpatient at an approved mental health facility/approved community care facility, whether the person is able to be granted leave from the approved mental health facility and, if not, why leave cannot be granted, i.e., the person is on a corrections order.</li> <li>Things done or services provided by health professionals to</li> </ul>	
support	promote a person's recovery, remedy the disorder or illness or lessen its ill effects or the pain or suffering it causes.  This may include:	
	• the giving of medication,	
	• counselling,	
	• training, or	
	therapeutic and rehabilitation programs.	
	Any treatment, care or support provided to the person under the Mental Health Act on an involuntary basis must have a clear relationship with restoring the person's mental health, e.g. if a person requires antipsychotic medication to treat their psychosis, blood levels must be checked regularly to ensure the safe and therapeutic administration of the antipsychotic, therefore requiring a blood test constitutes treatment, care or support under the Act. A person cannot be required to accept treatment for a non-related physical health condition, i.e. asthma, because they are receiving care under the Act.	

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#### Office of the Chief Psychiatrist

Tribunal Liaison Officer	A staff member employed by Canberra Health Services to undertake key liaison functions between Canberra Health Services and ACAT associated with applications and orders of the Tribunal. The TLO can be contacted by email at <a href="mailto:Tribunal.Liaison@act.gov.au">Tribunal.Liaison@act.gov.au</a> or telephone on 5124 5410.		
Young detainee	<ul> <li>A child or young person who is in custody:         <ul> <li>following arrest</li> <li>remanded in custody under the Crimes (Sentence Administration) Act 2005</li> </ul> </li> <li>in detention under the Crimes (Sentencing) Act 2005,</li> <li>otherwise in custody or detention under the Children and Young People Act 2008 or another territory law or a law of the Commonwealth or a State</li> <li>A child or young person who is required to be held in the Children and Young's People Director-General's custody.</li> </ul>		
Voluntary	The legal status of a person under the Act if they are not on a Mental Health Order and are not otherwise held under the Act.		