

**Healthy Canberra Grants: Focus on Reducing Smoking-Related Harm  
Program Summaries of Approved Applications**

<b>Organisation:</b>	Assisting Drug Dependents Incorporated t/a Directions Health Services
<b>Program Title:</b>	Butt it Out! Smoking Support Program
<b>Program Summary:</b>	<p>Directions aims to implement an evidenced-based program for addressing tobacco dependency in a busy Alcohol and Other Drug (AOD) treatment and primary care practice, leading to sustained practice of tobacco use intervention and increasing clients' success in quitting smoking.</p> <p>Directions will work proactively and assertively with clients to address their nicotine addiction, in addition to their primary substance(s) of concern, through making smoking reduction/cessation a priority for staff and clients. Directions will utilise an integrated access model, encompassing primary healthcare, counselling, groups, in-house pharmacist and mobile clinic. Drawing from the Ottawa Model for Smoking Cessation (OMSC), Directions will more assertively screen and engage with clients to promote the benefits of reducing/ceasing their nicotine dependency at the same time as addressing their other AOD dependencies.</p> <p>Main elements of the program include:</p> <ol style="list-style-type: none"> <li>1. Training and supporting staff</li> <li>2. Focused screening of all clients</li> <li>3. Advice and support, with referral to Althea Wellness Centre, to address health concerns, as needed</li> <li>4. Provide evidenced-based individual and group behavioural therapies and pharmacotherapy</li> <li>5. Assertive follow-up</li> </ol>
<p><b>Amount funded 2020/21: \$97,197</b></p> <p><b>Amount funded 2021/22: \$96,197</b></p> <p><b>Amount funded 2022/23: \$96,197</b></p> <p><b>TOTAL AMOUNT FUNDED: \$289,591</b></p>	

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<b>Organisation:</b>	The Cancer Council ACT
<b>Program Title:</b>	Tackling Tobacco in the ACT
<b>Program Summary:</b>	<p>Tackling Tobacco is an integrated program to reduce health and social inequalities through addressing smoking in disadvantaged communities and was initially implemented by Cancer Council NSW in 2006.</p> <p>Cancer Council ACT will work with identified not-for-profit community sector organisations to increase their capacity to address smoking and to provide their clients with support to stop smoking.</p> <p>Cancer Council ACT will implement two rounds of Tackling Tobacco and will engage a minimum of five organisational service delivery units per round Reach is estimated to be up to 3,000 people in total.</p> <p>The Tackling Tobacco intervention model is based on organisational change theory and learnings from implementing the program in NSW. The program has six key elements:</p> <ol style="list-style-type: none"> <li>1. Committed leadership – Ensure both top down and bottom up support from staff and clients to address tobacco use.</li> <li>2. Comprehensive written smoking policies – Embed addressing tobacco within organisational practice to reduce smoking related harm at all levels within the organisation.</li> <li>3. Supportive systems – Support the implementation of written policies and the transfer of them into action.</li> <li>4. Consistent quit supports – Provide tools and resources including nicotine replacement therapy, carbon monoxide monitoring, referral to the Quitline and behavioural support.</li> <li>5. Training and follow-up – Increase staff awareness, knowledge and skills to address tobacco dependence long-term for both staff and clients.</li> <li>6. Systematic monitoring and data collection – Track progress by monitoring smoking-related key performance indicators against set organisational targets.</li> </ol> <p>Cancer Council ACT will provide ongoing, proactive support to services to enable them to make changes across the six elements. A dedicated project officer will provide ongoing training and support for organisational staff to enable them to support smoking cessation within their organisations.</p> <p>Cancer Council ACT will evaluate the effectiveness of the Tackling Tobacco intervention, quantifying changes at the organisational, staff and client level at the completion of each 12-month program.</p>
<p><b>Amount funded 2020/21:</b> \$129,100</p> <p><b>Amount funded 2021/22:</b> \$90,200</p> <p><b>Amount funded 2022/23:</b> \$64,700</p> <p><b>TOTAL AMOUNT FUNDED: \$284,000</b></p>	

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<b>Organisation:</b>	Worldview Foundation Limited
<b>Program Title:</b>	Pre-Release Non-Indigenous Supplement along with Post Release Activity Support
<b>Program Summary:</b>	<p>The Worldview Foundation are currently conducting the Smoke, Booze and Drug Free Prison Post-Release program at the Alexander Maconochie Centre (AMC). This program aims to address issues associated with alcohol, tobacco and other drugs to support a more successful reintegration of detainees into the community, along with improvements in their health and wellbeing. The target audience for the existing program is Indigenous detainees.</p> <p>Through the proposed program, the Worldview Foundation aims to extend the existing pre and post release program, with an emphasis on the smoking cessation components, to non-Indigenous detainees at the AMC.</p>
<p><b>Amount funded 2020/21: \$162,848</b>  <b>Amount funded 2021/22: \$162,848</b>  <b>Amount funded 2022/23: \$0</b>  <b>TOTAL AMOUNT FUNDED: \$325,696</b></p>	