

Kids at Play - Australian Curriculum – Kindergarten

Kids at Play Active Play (KAPAP) is a capacity building program that offers resources and training for early childhood educators in the ACT. The KAPAP program has been designed to help early childhood educators feel confident to promote active play and teach fundamental movement skills (FMS) to children in the early years of schooling.

For further information about Kids at Play Active Play:

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🌐 www.act.gov.au/kidsatplay

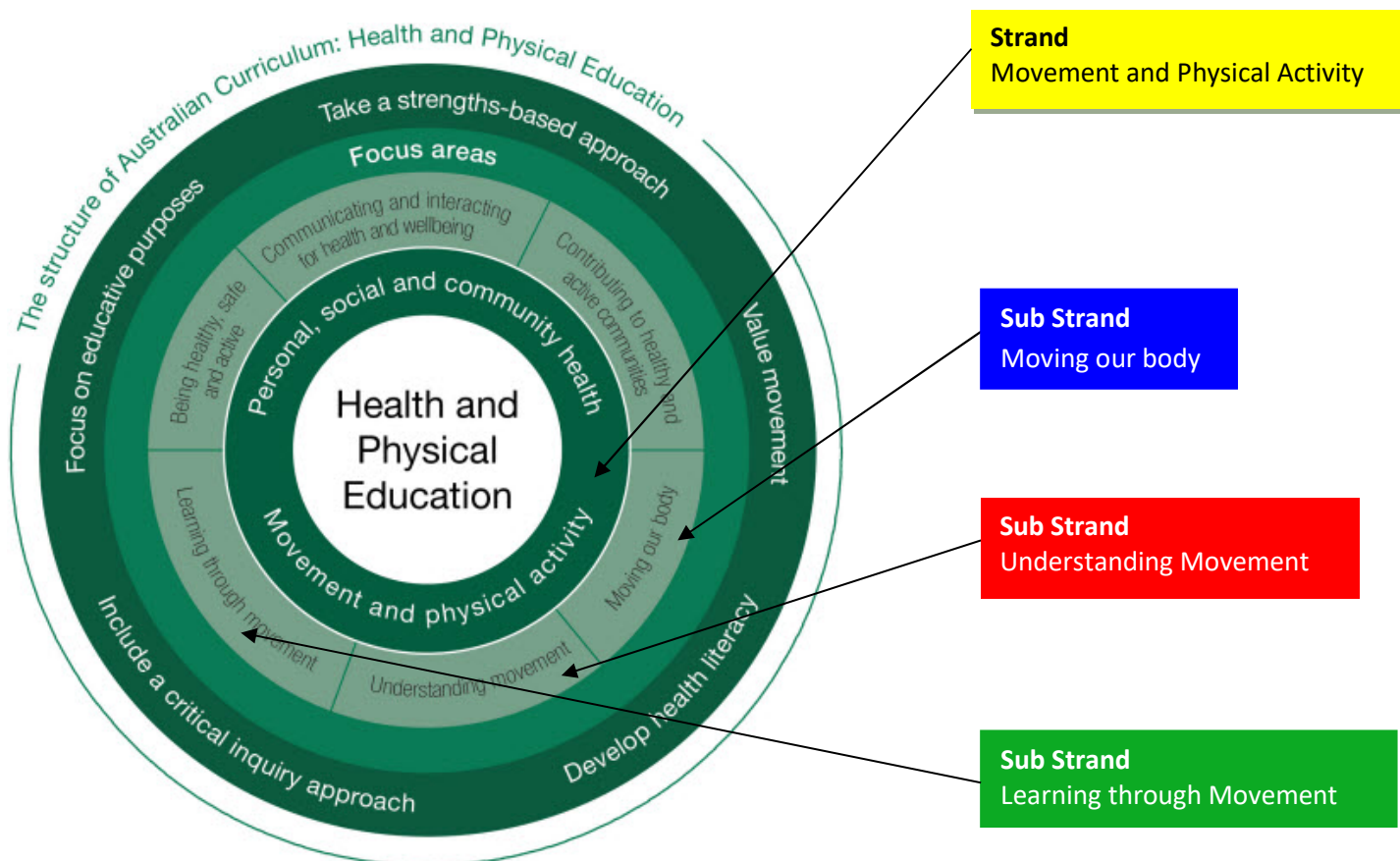
This document highlights (in colour coding) the elements of KAPAP that are relevant to the Australian Curriculum: Health and Physical Education (HPE) learning area. Of greatest relevance within HPE is the Strand of Movement and Physical Activity (Yellow), which is then divided into three Sub Strands: Moving our body (Blue), Understanding Movement (Red) and Learning through Movement (Green).

Also included are the two areas of focus – **LEARNING** (Achievement Standards) and **TEACHING** (Content Descriptions and Elaborations). These have been colour coded to highlight the appropriate sections.

Australian Curriculum Achievement Standards (what students will learn)

By the end of Foundation Year, students recognise how they are growing and changing. They identify and describe the different emotions people experience. They identify actions that help them be healthy, safe and physically active. They identify different settings where they can be active and **demonstrate how to move and play safely**. **They describe how their body responds to movement**.

Students use personal and social skills when **working with others in a range of activities**. They demonstrate, with guidance, practices and protective behaviours to keep themselves safe and healthy in different activities. **They perform fundamental movement skills and solve movement challenges**.



Australian Curriculum Content Descriptions and Elaborations (what teachers will teach)

Strand - Movement and Physical Activity

Sub strand – Moving our body

Content Description - Practice fundamental movement skills and movement sequences using different body parts (ACPMP008)

Elaboration/s:

- performing locomotor skills in any direction from one point to another
- sending, controlling and receiving objects at different levels and in different way
- creating movement sequences without equipment
- responding with movement to rhythm, beat, music and words

Content Descriptions - Participate in games with and without equipment (ACPMP009)

Elaboration/s:

- participating in games that require students to be aware of personal safety and game boundaries
- participating in games responding to stimuli, such as musical chairs, rhythm actions, alphabet shapes

Sub strand – Understanding Movement

Content descriptions - Explore how regular physical activity keeps individuals healthy and well (ACPMP010)

Elaboration/s:

- describing their feelings after participating in different physical activities
- describing how the body responds to participating in different physical activities
- sharing the things they enjoy about being physically active
- identifying how regular physical activity can help keep people healthy

Content descriptions - Identify and describe how their body moves in relation to effort, space, time, objects and people (ACPMP011)

Elaboration/s:

- moving at different speeds and in different directions with others in a designated area
- demonstrating the difference between personal space and general space in physical activities
- describing body positions when performing a range of different movements

Sub strand – Learning through Movement

Content Descriptions - Cooperate with others when participating in physical activities (ACPMP012)

Elaboration

- working with a partner or small group to complete a movement task or challenge
- mirroring a partner while moving to music
- using words and body language to communicate intentions clearly when playing minor games

Content Descriptions - Test possible solutions to movement challenges through trial and error (ACPMP013)

Elaboration

- attempting different ways to solve a movement challenge and discussing which ways were successful or not
- trialling a number of techniques when trying new movement activities
- making positive choices when faced with a decision about how they participate in a movement activity
- performing a new movement task for others in their group or class

Content Descriptions - Follow rules when participating in physical activities (ACPMP014)

Elaboration

- following instructions for personal safety and fair play
- responding to a whistle and commands when participating in physical activities
- identifying boundaries such as personal space and playing area
- demonstrating appropriate use of equipment

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<https://www.australiancurriculum.edu.au/f-10-curriculum/health-and-physical-education>