

## ACTIVITY PLAN 2 – CREEPING ON TUMMY

### Aim

To learn to move on the floor

### Age

5–6 months

### Equipment

Appropriate floor space and a variety of toys with different colours, textures and sizes

### Area required

Indoor floor space

### Time

5–10 minutes

### How?

Position babies on their tummies on the floor (away from mobile children to keep them safe). Place toys a short distance away from the babies for them to move towards.

### Key points

- Not all babies will learn to creep on their tummy. If babies do not start to move on the floor in this manner by themselves, they need to be encouraged to develop this skill. Crawling is a key component of development.