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**ACT**  
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CANBERRA HOSPITAL  
AND HEALTH SERVICES



**Calvary**

Public Hospital Bruce

# BREAST CANCER SHARED FOLLOW-UP CARE



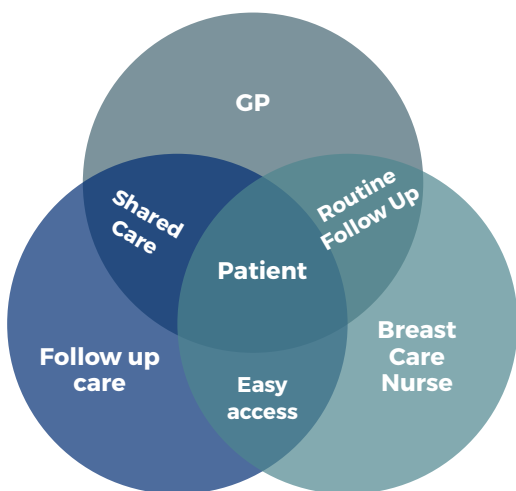
## Have you completed your breast cancer treatment?

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The Breast Cancer Shared follow up care program involves you, your GP, your specialist and the Breast Care Clinical Nurse Consultant to provide you with the best care after you have finished your cancer treatment. It recognises the issues and opportunity at the end of treatment to support women to live well.

Shared follow up care involves developing a follow up care plan and implementing a shared follow up care arrangement between your specialists and GP. This means we can provide you with better coordinated, managed and more personal care planning.

The program will help you with current and future health care needs. You will have a consultation with a Breast Care Clinical Nurse Consultant at the end of your breast cancer treatment. The consultation will involve an assessment of your health needs after breast cancer and discussion about your care plan.



## The care plan includes:

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- Information on your diagnosis and treatment
- A health and wellbeing assessment
- A discussion of future follow up care, including when to see your GP
- Recommendations for follow-up care
- Emotional support
- Referral to different services (as appropriate).

Your specialists and GP will receive a copy of the care plan.

## Getting started

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1. One of your specialists will refer you to the Breast Care Nursing team
2. The Breast Care Nursing service will contact you in the following three months and arrange an appointment to see the Breast Care Nurse at the Canberra Region Cancer Centre, Canberra Hospital
3. Your care plan is worked out during your appointment. You will be asked to see your GP 8-12 weeks after your appointment and your GP can use the care plan to work out what follow up tests and/or appointments you need and when.

## For more information

Please call (02) 6201 6709 (Monday, Tuesday, Friday) or email [bcn@calvary-act.com.au](mailto:bcn@calvary-act.com.au)

Or visit the Breast Care Nurse walk in clinic – Wednesday 12–4pm at Calvary Bruce.