

## AFTER LASER SURGERY

The following information will assist you with the follow up care required after your Laser surgery.

### **Restriction of activities:**

To assist your healing and safety, we recommend that you:

- **Do not** use tampons while discharge is still present.
- **Do not** have intercourse while the discharge is still present.
- You may shower but **do not** have a bath or go swimming while a discharge is still present.
- Avoid strenuous activity for at least 1 week after surgery.

***The above instructions are to allow time for your cervix to heal and to reduce the possibility of infection***


### ***Seek medical advice if you experience any of the following:***

- Heavy bleeding or passing of clots (i.e. if you need to change your pads hourly or more frequently)
- Pain not relieved with simple analgesia such as Panadol
- Fever
- An unpleasant discharge

***If you have any concerns or questions, please contact your GP or ring the Canberra Hospital on: 02 62442222 and ask for the Emergency Department.***

## Your follow up appointment is:

- GP \_\_\_\_\_
- Gynaecology Outpatients (Please phone (02) 6244 3677) \_\_\_\_\_
- Surgeon \_\_\_\_\_

Accessibility	
If you have difficulty reading a standard printed document and would like an alternative format, please phone 13 22 81.	
	If English is not your first language and you need the Translating and Interpreting Service (TIS), please call 13 14 50.
For further accessibility information, visit: <a href="http://www.health.act.gov.au/accessibility">www.health.act.gov.au/accessibility</a>	
<a href="http://www.health.act.gov.au">www.health.act.gov.au</a>   Phone: 132281   Publication No XXXXX	
© Australian Capital Territory, Canberra Month Year	