



# ACT Health is a Smoke Free Environment



## All ACT Health facilities are completely smoke free

---

All patients, visitors and staff are required to remain smoke free when visiting any ACT Health facility. Security officers will enforce the smoke free environment.

Support is available to help smokers to stay smoke free during their visit to ACT Health facilities. During admission to hospital, inpatients will be offered free Nicotine Replacement Therapy, counselling and strategies to manage cravings. Support is also available for outpatients and visitors with Quitline (Phone 13 7848) providing free Quit packs, advice, multi-lingual support and ongoing telephone counselling.

Winnunga Nimmityjah Aboriginal Health Service has the 'No More Boondah' Quit Smoking Program (Phone: 6284 6222) which can provide similar support.

## For more information on quitting

---

Speak to your GP or pharmacist



## For more information on ACT Health smoke free environment

---

<http://www.health.act.gov.au/about-us/act-health-smoke-free>

**Let's work together to keep our environment smoke free.**

### Accessibility

The ACT Government is committed to making its information, services, events and venues as accessible as possible.

If you have difficulty reading a standard printed document and would like to receive this publication in an alternative format such as large print, please phone 13 22 81 or email [HealthACT@act.gov.au](mailto:HealthACT@act.gov.au)



If English is not your first language and you require the Translating and Interpreting Service (TIS), please call 13 14 50.

If you are deaf, or have a speech or hearing impairment and need the teletypewriter service, please phone 13 36 77 and ask for 13 22 81. For speak and listen users, please phone 1300 555 727 and ask for 13 22 81.

For more information on these services visit <http://www.relaysservice.com.au>

© Australian Capital Territory, Canberra, March 2016

This work is copyright. Apart from any use as permitted under the Copyright Act 1968, no part may be reproduced by any process without written permission from the Territory Records Office, Community and Infrastructure Services, Territory and Municipal Services, ACT Government, GPO Box 158, Canberra City ACT 2601. Enquiries about this publication should be directed to ACT Health Communications and Marketing Unit, GPO Box 825 Canberra City ACT 2601 or email: [HealthACT@act.gov.au](mailto:HealthACT@act.gov.au)

[www.health.act.gov.au](http://www.health.act.gov.au) | [www.act.gov.au](http://www.act.gov.au)

Enquiries: Canberra 13ACT1 or 132281 | Publication No XXXXX