



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Health Promotion & Education Services

- Alcohol and drug education programs, tailored to suit an organisation's needs.
- Professional presentations by experienced and highly qualified alcohol and drug staff.
- Up to date and accurate alcohol and drug information.
- A variety of supplementary written and visual material.
- Own equipment to facilitate an education session.

Education Packages are available on request. Please contact the Health Promotion Co-ordinator, Alcohol and Drug Service.



The Alcohol and Drug Service is able to provide comprehensive drug and alcohol education and health promotion services to the ACT and the surrounding region.

This service is available to organisations including State and Federal Government agencies, non Government organisations and the general public.



Alcohol and Drug Service

PHONE 6207 9977

change is possible



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Specialist Medical Services

The Alcohol and Drug Service Medical Services provide:

- Comprehensive client drug and alcohol management;
- Induction and ongoing care for clients with complex needs who are prescribed Opiate Replacement;
- Medicated withdrawal (in-patients and out patients);
- Referral for other medical services as appropriate;
- Liaison and provision of medical advice and care to in-patients at the Canberra Hospital and advice to GP's and health care practitioners; and
- Education to other health care professionals and the general public.



The Alcohol and Drug Service Medical Service provides consultation and provision of medical services to clients who have an alcohol and/or drug issue.

The Medical Service is a team of dedicated doctors who are experts in the field of alcohol and drug medicine. The Medical Service doctors accept referrals from GP's and other health professionals.



Alcohol and Drug Service

PHONE 6207 9977

change is possible



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Wruwallin Clinic ***(Opioid Treatment Service)***

The clinic provides treatment and support, and aims to:

- improve the health of consumers;
- improve the social functioning of consumers;
- reduce harmful opioid and other drug use;
- reduce the spread of blood-borne disease;
- reduce opioid-related mortality and morbidity; and
- reduce opioid drug-related criminal activity.



The Opioid Treatment Service pharmacotherapy program provides opiate substitution treatment to people in the ACT.

Doctors, nurses and counsellors work together with clients to form a treatment plan and to assist clients to reduce or stop hazardous opiate and other drug use.

Key worker support is offered and available to each client engaged in treatment.



Alcohol and Drug Service

PHONE 6207 9977

change is possible



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Withdrawal Service

- Supervised inpatient and outpatient withdrawal from alcohol and other drugs.
- Professional 24 hour nursing, medical and allied health care.
- Educational and support groups relating to alcohol and other drug use.
- Counselling (also offered as part of follow-up care).
- Liaison and referral to other specialist services.
- Support and information for family and friends of clients of the service.



The Withdrawal Service provides a secure and supportive environment for safe, medically supervised withdrawal from alcohol and other drugs.

The Service is available to any person over the age of 18 who has alcohol or drug dependence.

Admissions to the service may be prioritised according to clients' medical needs.

Clients under 18 years may be considered for admission after discussion and assessment by the Senior Nurse and Medical Officer.



Alcohol and Drug Service

PHONE 6207 9977

change is possible



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Consultation Liaison Services

- Co-morbidity Service.
- IMPACT Program (Integrated Multi-agencies for Parents and Children Together).
- PEP (Pregnancy Enhancement Program).
- Health promotion and harm minimisation education.
- Withdrawal management.
- Staff Specialists.
- Referral for ongoing care after discharged.
- Information and referral for family members and carers.
- Through- and after-care for pregnant clients at the Alexander Maconochie Centre.



Consultation Liaison Service provides assessment, support and referral for clients who have been admitted to The Canberra Hospital who also have an alcohol and/or drug issue.

The service works in cooperation with doctors, nurses and staff at The Canberra Hospital to assist clients on their road to recovery.



Alcohol and Drug Service

PHONE 6207 9977

change is possible



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Co-morbidity Service

- Assessment, referral and support of individuals who have a mental health condition and also have an alcohol and/or other drug issue.
- Mental health support clinic held at Althea Wellness Clinic every second Friday.
- Health promotion and harm minimisation education.
- Can be self-referred or referred via the OTS Clinic, Staff Specialist, or Consultation Liaison Service.



The Co-morbidity Service is part of Consultation and Liaison. It provides a variety of services to clients who have a mental health condition and who also have an alcohol and/or other drug issue.



Alcohol and Drug Service

PHONE 6207 9977

change is possible



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Counselling & Treatment Service

- Alcohol and other drug counselling for adults, young people, family members and carers.
- Support and information for family and friends of people using alcohol and drugs.
- Therapeutic groups including Controlling Your Cannabis Use, Therapeutic Recovery Group, Mindfulness, Meditation and Stress Management, Advanced Meditation, Controlling Your Drinking and Supporting Families and Friends.
- 24 hour Helpline service.
- Intake telephone service 8am – 5pm Monday – Friday.



The Counselling and Treatment Service offers professional support from a team of experienced counsellors, who provide a range of therapeutic treatments including brief interventions, individual counselling and support groups.



Alcohol and Drug Service

PHONE 6207 9977

change is possible



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Diversion Service

- Provides Alcohol and other Drug assessments following referral from AFP or ACT Courts.
- Assists clients to negotiate and develop appropriate and achievable treatment plans with AOD sector services.
- Offers support and case management to clients within the legal system.
- Provides referral to approved treatment services in ACT and interstate.
- Facilitates direct referral to other ADP treatment services.

The Diversion Service provides programs aimed at diverting people arrested and/or charged with drug or alcohol related offences out of the judicial system and into the health system.

The Early Intervention Pilot Program (EIPP) is a national initiative run in conjunction with AFP, aimed to provide AOD education (and referral and treatment) to young people under 18 years caught on underage drinking offences.

Police Early Diversion (PED) operated in partnership with the AFP and provides an alternative to Court for clients caught with non-trafficable amounts of cannabis or other illicit drugs.

Court Alcohol and Drug Assessment Service (CADAS) is a scheme in use in the Magistrate, Children's and Supreme Courts to engaged clients in treatment plans during Court proceedings and as part of their Orders on sentence. Clients are case managed and supported with referral to treatment services facilitated.



Alcohol and Drug Service

PHONE 6207 9977

change is possible



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Aboriginal and Torres Strait Islander Liaison Officer

- Provides support and case management to Indigenous clients.
- Assist clients to negotiate and develop appropriate and achievable treatment plans with AOD sector services.
- Works with Indigenous clients referred to ADS Diversion service programs and Gambarri Court.
- Liaise with clients, their families and other treating professionals.
- Conduct community education and development activities in the delivery of health promotion services.
- Participate in the support and education of other staff and students.



The Aboriginal and Torres Strait Islander Liaison Officer work to support Indigenous clients across Alcohol and Drug Services.

This role provides case management and support, and assists clients with referral and advocacy accessing other AOD sector services, Mental Health and Indigenous services.

The Officer also provides support and education to other services to assist them to provide appropriate care to Indigenous clients.



Alcohol and Drug Service

PHONE 6207 9977

change is possible



ACT
Government
Health



CANBERRA HOSPITAL
AND HEALTH SERVICES

Youth Drug and Alcohol Program

The Youth Drug and Alcohol Program (YDAP) is a tertiary service for young people with complex Alcohol and Other Drug (AOD) issues. This includes substance dependence, intravenous (IV) drug use, poly drug use or the co-occurrence of substance use with one or more of the following:

- Mental Health issues
- Care and Protection involvement and/or history of childhood abuse/neglect
- Youth Justice involvement
- Family of origin disruptions
- Homelessness
- Disengagement with education/employment or meaningful activities
- Chronic organic health issues.

YDAP Counselling

- Young people are offered support ranging from short-term counselling focused on specific problems or immediate crises through to long-term, in-depth psychotherapy.
- The longer term work aims to address significant psychosocial issues, struggles of personal meaning, self-esteem and the impact of past events, including trauma, that are typically associated with chronic relapsing substance misuse .
- Through the processes of psychotherapy, clients are assisted to gain insight, become aware of choices they didn't initially recognise, find more effective ways of relating to others and develop personal resilience.
- The long term approach incorporates a through care model and works with other services as required.



Alcohol and Drug Service

PHONE 6207 9977

change is possible