



ACT
Government

**Canberra Health
Services**

9th Annual Chronic Disease Management SYMPOSIUM TUESDAY 10th DECEMBER 2019

The Role of Multidisciplinary Teamwork in Chronic Disease Management



**ANU Medical School Auditorium
Building 4, Canberra Hospital
12.00pm-5.00pm**

Free to register (lunch and afternoon tea included) by Survey Monkey:
<https://www.surveymonkey.com/r/QJW277T>

Certificate of attendance provided for all and will be added to Capabiliti for
CHS staff

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Canberra Hospital Campus Map

Normal opening hours for all buildings are 6am to 9am.
For access after hours, please use the Emergency Department entrance.
Maternity presentations
At all hours present to the Centenary Hospital for Women and Children (Building 11) entry. After hours please use the intercom to gain access.
Contact
Canberra Hospital switch: 02 6244 2222



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|----------------------------|--------------------|--|--------------------------------------|
| Emergency | Bicycle parking | 1 Central Outpatients Dept. / Tower Block / Pharmacy | 14 National Capital Private Hospital |
| Information Main Reception | Car park | 2 Main Reception | 15 Building 15 (various departments) |
| Building entry | Helipad | 3 Building 3 (various departments) | 19 Canberra Region Cancer Centre |
| Accessible parking | Loading dock | 4 ANU Medical School | 20 Building 20 Radiation Oncology |
| Accessible ramp | Motorcycle parking | 5 Residences (Public and Staff) | 23 Building 23 (various departments) |
| ACTION Bus stop | Stairs | 6 Administration (various departments) | 24 Building 24 (various departments) |
| Courtesy Bus | Taxi pick-up point | 7 Alcohol and Drug Unit | 25 Adult Mental Health Unit |
| | | 8 Pain Management | GP1 Community Dialysis |
| | | 9 Residences (Doctors) | |
| | | 10 Pathology | Public hospital buildings |
| | | 11 Centenary Hospital for Women and Children | Private buildings |
| | | 12 Emergency, Diagnostics and Treatment / Mental Health Short Stay Unit / Clinical Records Service | Administration buildings |

Overview:

Effective multidisciplinary teamwork is integral for optimising patient outcomes and for a progressive health system. Teamwork is unavoidable in healthcare. Optimal functioning of multidisciplinary teams requires careful definition of the roles of team members in care planning and delivery. This requires mutual respect and trust between team members, the best use of the skill mix within the team, agreed clinical governance structures, and agreed systems and protocols for communication and interaction between team members. Indeed, Canberra Health Services new values of respectful, kind, reliable and progressive, are all essential for an effective multidisciplinary team.

This year's Chronic Disease Management Symposium will showcase local multidisciplinary teams working on chronic diseases in services for children, mental health, pain management and rehabilitation and explore how they optimise team functioning and health outcomes. Presentations involving consumers who are living with chronic conditions will highlight that healthcare consumers are an invaluable but sometimes forgotten member of the multidisciplinary team. The symposium will conclude with an important reminder about self-care particularly when working with challenging and complex clients.

PROGRAM	
Time	Session
1200	<i>Lunch and networking</i> , ANU Medical School Foyer, Building 4, Canberra Hospital
1300	<i>Welcome and introductions</i> Prof Nick Brown (Professor of Allied Health Research) University of Canberra (UCH) and Canberra Health Services (CHS)
1305	<i>Opening address</i> Ms Liz Chatham (Chief Operating Officer) CHS
1315	<i>Overcoming barriers to collaborative practice in clinical care</i> Katherine Rich (Psychologist) Mental Health Justice Health Alcohol and Drug Services (MHJHADS), CHS
1335	<i>Falling in love with the MDT; how a team approach to falls prevention leads to better patient outcomes</i> Mark Ryan (Registered Nurse) Rehabilitation, Aged and Community Services, CHS
1350	<i>Teamwork makes the dream work: How the Brindabella Rehabilitation multidisciplinary team work together to treat patients with complex needs</i> Amy Coleman (Occupational Therapist) & Steve Perkins (Physiotherapist) Rehabilitation, Aged and Community Services, CHS
1405	<i>Don't SKIP the client: Including families in the multidisciplinary team to achieve positive outcomes</i> Tammi Shirvington (Dietitian) Community Nutrition Health Program, Women Youth and Children, CHS
1420	<i>Stretch/toilet break</i>
1430	<i>A multidisciplinary team approach to chronic pain management</i> Caitlin McGill (Clinical Psychologist) & Melinda Symon (Occupational Therapist) Pain Management Unit, Acute Allied Health Services, CHS
1445	<i>Showcasing the MHJHADS physical health and quality improvement collaborative</i> Dr Llew Lewis (Clinical Director) Adult Mental Health Services, MHJHADS, CHS
1505	<i>Afternoon tea and networking</i>
1525	<i>Consumer reflections about their role in multidisciplinary teamwork</i> Claudia Cresswell, Health Literacy Officer, Health Care Consumers' Association ACT & Kaye Powell (consumer)
1545	<i>Promoting a culture of self-management</i> Maureen O'Brien (Manager/Clinical Nurse Consultant) and Rohit Batra (Occupational Therapist) Chronic Care Program, Medicine, CHS
1600	<i>What fills your bucket – the importance of self-care</i> Sue-Ella McGufficke (Manager) My Health, People and Culture, CHS
1630	<i>Summary and final comments</i> Prof Nick Brown

