

QUESTION TIME BRIEF

- The Work Plan contributes to this vision through actions under three key themes for change:
 - Mentally healthy communities and workplaces;
 - Individuals, families and carers; and
 - The system and workforce.
- Activities being delivered under the plan this year include a Community Engagement Strategy, an evaluation framework for the Office and a review of Children and Young People’s Mental Health and Wellbeing (the review).
- The Office will continue to utilise a co-design approach including workshops and online consultations over the next few months for the review.
- The Mental Health and Wellbeing Inter-Directorate Committee (previously called the Agency Stewardship Group) has held monthly meetings to oversee the development of the Work Plan and will continue to meet on a regular basis to provide a whole of government response to enhance mental health and wellbeing in the ACT.

Key Information

- The Coordinator-General reports directly to the Minister for Mental Health and the Office has a mandate to work across all Government agencies. The Office retains a level of independence from the day-to-day running of ACT Health and has authority to conduct reviews and produce reports as the Coordinator-General deems necessary or at the request of the Minister for Mental Health.
- While the Office was formally launched on 14 June 2018, the commitment of action within 100 days was taken to start with the commencement of the Coordinator-General.
- The allocated budget for the Office will be solely to fund the staff for the Office for Mental Health and Wellbeing; this includes all on costs. The existing ACT Health infrastructure will provide in kind support for all associated corporate functions.
- The Office Work Plan was submitted for Ministerial approval on 7 March 2019. This was within the 100 days of the commencement of the Coordinator-General.

Cleared as complete and accurate:	17/06/2019	
Cleared by:	Coordinator-General Office for Mental Health and Wellbeing	Ext: 49600
Contact Officer name:	Lee-Anne Rogers	Ext: 49862
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Elizabeth Moore	Ext: 49600
TRIM Ref:	GBC19/326	

Confidential information – not suitable for public disclosure

- There is currently no additional budget allocated for the program of work within the Work Plan. The work will occur within existing resources and in the context of any future budget processes.

Cleared as complete and accurate:	17/06/2019	
Cleared by:	Coordinator-General Office for Mental Health and Wellbeing	Ext: 49600
Contact Officer name:	Lee-Anne Rogers	Ext: 49862
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Elizabeth Moore	Ext: 49600
TRIM Ref:	GBC19/326	

GBC19/326

Portfolio: Mental Health

**ISSUE: IMPACT OF THE NATIONAL DISABILITY INSURANCE SCHEME IN
THE MENTAL HEALTH COMMUNITY****Talking points:**Impact of the National Disability Insurance Scheme (NDIS) Implementation on
the ACT community

- The ACT was a trial site for transition of the NDIS, implementing full scheme between 2014 and 2016. Full transition nationally has been occurring since 2016.
- The ACT transition to the NDIS impacted 11 organisations and 21 programs. A number of matched funding Commonwealth and ACT Government Bilateral Funding Agreements also ceased, and some ACT Government Service Funding Agreements were ended, including for organisations that had moved to delivering only NDIS funded services. The amount of funding transitioned from ACT community mental health based programs to the NDIS was \$4.1 million. Despite this, the ACT Government remains proportionally one of the highest funders of non-government mental health services across the country¹.
- The Psychosocial Disability Stream and Complex Support Needs Pathway are a response by the National Disability Insurance Agency (NDIA) to the concerns raised across jurisdictions. These initiatives aim to improve how the NDIS operates for people with psychosocial disability and will include:
 - the employment of specialised planners and Local Area Coordinators;
 - better linkages between mental health services and National NDIA staff and partners; and
 - a focus on recovery-based planning and episodic needs.
- These improvements are yet to be implemented and the ACT Government has lobbied to pilot these initiatives as soon as practicable.

¹ Australian Productivity Commission, Report on Government Services (2019)

<https://www.pc.gov.au/research/ongoing/report-on-government-services/2019>

Cleared as complete and accurate:	17/06/2019	
Cleared by:	Executive Group Manager	Ext: 49392
Contact Officer name:	Yasmin Barrington-Knight	Ext: 49783
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Amber Shuhyta	
TRIM Ref:	GBC19/310	

QUESTION TIME BRIEF

- In the 2017-18 Budget the Australian Government committed \$80 million over four years for the National Psychosocial Support Measure (the Measure) to provide psychosocial support services to assist people with severe mental illness resulting in reduced psychosocial functional capacity who are not more appropriately funded through the NDIS. The Capital Health Network, in partnership with the Health Directorate, Canberra Health Services and other community stakeholders announced contracts being awarded for two new programs offered by Flourish Australia and Woden Community Services under this measure.
- Initiatives aimed at mental health promotion and early intervention for mental health issues are a priority for the ACT Government. This is reflected in the focus areas of the Office for Mental Health and Wellbeing, initiatives under the LifeSpan Suicide Prevention Framework and priorities being developed as part of the ACT Mental Health and Suicide Prevention Plan.

NDIS and Mental Health Interface work:

- At the Disability Reform Council meeting in March 2018, the ACT Government elected to take the national lead on work related to the interface between the NDIS and mental health services.

Key information

National Psychosocial Support Measure

- On 23 June 2018, the Federal Minister for Health, the Hon Greg Hunt announced that the Bilateral Agreements on the national psychosocial support measure had been finalised between the Australian Government and all eight jurisdictions.
- The Bilateral Agreement between the ACT and Australian Governments will enhance funding for psychosocial support measures for people with functional impairment resulting from severe mental illness, who are not found eligible for the NDIS, or who are otherwise not engaged with the NDIS.
- Total funding from the ACT Government is \$2 million over four financial years, with the Commonwealth funding \$1.3 million over the same period.
- This funding is being provided to the Capital Health Network, who have responsibility for commissioning and procuring the psychosocial support services in the ACT. Currently, Flourish Australia and Woden Community Services have already been awarded contracts under this measure.

Cleared as complete and accurate:	17/06/2019	
Cleared by:	Executive Group Manager	Ext: 49392
Contact Officer name:	Yasmin Barrington-Knight	Ext: 49783
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Amber Shuhyta	
TRIM Ref:	GBC19/310	

Background Information

- The transition to the NDIS has not been without challenges and concerns raised in the ACT are consistent with those experienced nationally, including:
 - Access to the NDIS and challenges for the NDIS to engage with people in need of supports, difficulties with planning and reviews, process related delays and barriers to engagement.
 - Ensuring skill and expertise of staff at the NDIA and their partners in relation to psychosocial disability and the functional impact of serious mental illness. This includes skills in collaborating with individuals and their key supports; greater understanding of what is needed in NDIS plans; and the impact that inadequate supports will have on individuals and their support networks.
 - Pricing structure and the impact of the NDIS price points on the sustainability, quality and effectiveness of providers of psychosocial support.
 - Tensions between the language of permanent disability and mental health recovery and translating the NDIS in practice to promote recovery.
 - The importance of accommodation in the psychosocial support landscape and how the NDIS interfaces with meeting accommodation needs.
 - The need to build in support coordination including funding for services to assist people in the period leading up to their engagement with the NDIS.
 - Concern regarding psychosocial support services and programs for people who are not eligible for the NDIS, including information linkages and capacity building and the psychosocial support measure; and the loss of social support programs, especially group programs, with open access since the rollout of the NDIS.
- On 28 March 2019 the Mental Health Interface Working Group met in Canberra for an Applied Principles and Tables Of Support (APTOS) and Collaborative Framework Workshop.
- A joint announcement was made on Thursday 31 March 2019 by Federal Ministers Paul Fletcher and Greg Hunt regarding additional funding being provided to support people to transition from Commonwealth programs to the NDIS. The Australian Government is investing \$121.29m in Primary Health Networks to provide an additional 12 months support for people transitioning from PHaMS, Support for Day to Day Living and Partners in Recovery. Unlike the ACT, which has fully transitioned to the NDIS, this announcement will have a greater impact for jurisdictions that are still in the process of transitioning.

Cleared as complete and accurate:	17/06/2019	
Cleared by:	Executive Group Manager	Ext: 49392
Contact Officer name:	Yasmin Barrington-Knight	Ext: 49783
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Amber Shuhyta	
TRIM Ref:	GBC19/310	

GBC19/326

Portfolio: Mental Health**ISSUE: SUICIDE PREVENTION PROGRAMS****Talking points:**Lifespan Suicide Prevention Framework

- The ACT Government committed \$1.545 million in the 2018-19 budget to establish a pilot version of the Black Dog Institute's LifeSpan Integrated Suicide Prevention Framework in the ACT over the next three years.
- The ACT LifeSpan suicide prevention trial launched in the ACT on 5 November 2018.
- This initiative is in addition to existing ongoing suicide prevention, intervention and management services that are delivered through contemporary models of care by Mental Health, Justice Health and Alcohol and Drug Services in Canberra Health Services.
- LifeSpan is an evidence-based approach to integrated suicide prevention. LifeSpan combines nine strategies that have strong evidence for suicide prevention into one community-led approach incorporating health, education, frontline services, business and the community.
- A LifeSpan Steering Committee, composed of key local agencies and stakeholders to guide this work in the ACT, meets monthly to support the implementation, with good attendance and engagement from the government and community sector.
- A successful and well attended introductory workshop on the Black Dog Institute Youth Awareness of Mental Health (YAM) Training Program for 14-16 year old students in secondary schools was held with the Black Dog Institute at the ACT Health Directorate on 15 May 2019. Discussions are underway with ACT Education about introducing this program in ACT schools.
- Black Dog Institute convened a National Suicide Prevention Symposium in Canberra on 21 and 22 May 2019. The Coordinator General for Mental Health and Wellbeing participated in a panel and the LifeSpan

Cleared as complete and accurate:	28/05/2019	
Cleared by:	Executive Group Manager	Ext: 49392
Contact Officer name:	Ros Garrity	Ext: 49882
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Amber Shuhyta	
TRIM Ref:	GBC19/260	

Implementation Manager provided a presentation at the Symposium. Black Dog Institute will report on the outcomes of this symposium and this shall be provided in due course.

- Three ACT Suicide Prevention Collaborative meetings, bringing together community members and organisations with an interest in suicide prevention to provide information, education, and networking opportunities, have now been held, focusing on improving suicide data collection and recognising the voice of lived experience. The Collaboratives have been attended by a broad range of suicide prevention stakeholders, including the Australia Federal Police, ACT Ambulance, ANU, Capital Health Network, ACT Health, and ACT Education.
- The Question Persuade Refer (QPR) online gatekeeper training program has been widely promoted by ACT Health and Capital Health Network through social media and other channels. QPR is a suicide prevention intervention that teaches lay and professional gatekeepers to recognise and respond positively to someone exhibiting suicide warning signs and behaviours. Over 350 Canberrans have taken up this training opportunity.
- The ACT is currently in the process of establishing an Aboriginal and Torres Strait Islander Working Group to provide recommendations for suicide prevention within these communities. This new Working Group is planned to commence in 2019.
- ACT Health is working with the Black Dog Institute to develop a Lifespan Suicide Prevention Action Plan.

Way Back Support Service

- The Way Back Support Service, developed by Beyond Blue, is a non-clinical suicide prevention service developed to provide follow-up support to people for up to three months, after they have attempted suicide.
- The Way Back began as a pilot program in the ACT in October 2016 and has been administered by the Woden Community Service since then.
- Way Back has a high level of service demand.
- The 2018-19 ACT Budget provided an additional \$350,000 for Way Back, which will support the service to continue until June 2019.

Cleared as complete and accurate:	28/05/2019	
Cleared by:	Executive Group Manager	Ext: 49392
Contact Officer name:	Ros Garrity	Ext: 49882
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Amber Shuhyta	
TRIM Ref:	GBC19/260	

- The Federal Government 2018/19 budget included a commitment of \$37.6 million over four years to expand the Way Back program across Australia. This funding will match the funding allocated by States and Territories to their local Way Back services. ACT Health is currently finalising a bilateral with the Commonwealth Government to guide this funding and expand the Way Back services in the ACT.

Key Information

- According to the latest ABS data, there were 3,128 deaths from suicide across Australia in 2017, which was the highest suicide rate in the past ten years.
- In 2017, 58 suicide deaths were recorded in the ACT, which represents an increase of 30 people from 2016 and the highest percentage increase among all jurisdictions.
- In August 2018, ACT Health provided almost \$60,000 for suicide prevention and awareness projects through Let's Talk Funding Grants. This funding is supporting the Territory's mental health sector by helping community organisations to deliver better suicide prevention services to Canberrans, in alignment with LifeSpan.
- The United Ngunnawal Elders Council (UNEC) has recently agreed to convene a local Aboriginal Community Forum to discuss Aboriginal mental health and suicide prevention.
- Under the Community Health and Hospitals Program (or CHHP) the ACT Government will negotiate receiving close to \$6 million from 2019 to 2022 to implement an Online Youth Navigation Portal and to supplement the funding of the Youth Aware of Mental Health (YAM) program in the ACT. The ACT Government has signed a project agreement for a first instalment of \$780,000 with more fulsome discussions to follow for the remainder.
- YAM seeks to promote help-seeking, mental health, and resilience in schools, and is a key pillar of Lifespan.
- The Online Youth Navigation Portal will provide online and phone services to young people, their friends and family to obtain support in relation to mental health concerns.

LifeSpan Suicide Prevention Framework

- The LifeSpan trial in the ACT will involve the simultaneous implementation of nine evidence-based strategies:
 1. improving emergency and follow-up care for suicidal crisis;
 2. using evidence-based treatment for suicidality;
 3. equipping primary care to identify and support people in distress;
 4. improving the competency and confidence of frontline workers to deal with suicidal crisis;

Cleared as complete and accurate:	28/05/2019	
Cleared by:	Executive Group Manager	Ext: 49392
Contact Officer name:	Ros Garrity	Ext: 49882
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Amber Shuhyta	
TRIM Ref:	GBC19/260	

QUESTION TIME BRIEF

5. training the community to recognise and respond to suicidality;
6. promoting help-seeking, mental health, and resilience in schools;
7. engaging the community and providing opportunities to be part of the change;
8. encouraging safe and purposeful media reporting; and
9. improving safety and reducing access to means of suicide.

Way Back Support Service

- The provision of suicide attempt aftercare is a key recommendation under the nine evidence-based strategies of LifeSpan, with research compiled by Black Dog Institute indicating that this is one of the most effective strategies to prevent further suicide attempts.
- The Way Back Support Service also aligns with Priority Area Two of the Fifth National Mental Health and Suicide Prevention Plan, which commits all governments to a systems-based approach to suicide prevention, as well as addressing elements of increasing access to services and appropriate treatment.

Cleared as complete and accurate:	28/05/2019	
Cleared by:	Executive Group Manager	Ext: 49392
Contact Officer name:	Ros Garrity	Ext: 49882
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Amber Shuhyta	
TRIM Ref:	GBC19/260	

GBC19/326

Portfolio: Mental Health
ISSUE: ACT REGIONAL MENTAL HEALTH AND SUICIDE PREVENTION PLAN
Talking points:

- Better integration and coordination of mental health and suicide prevention services and programs is fundamental to the ACT Government's vision for mental health in the ACT.
- The Fifth National Mental Health and Suicide Prevention Plan (the 5th Plan) also prioritises effective integration of mental health services. The development of a regional ACT Mental Health and Suicide Prevention Plan (ACT Plan) is a response to this priority.
- The Health Directorate, in partnership with the Capital Health Network (CHN), Canberra Health Services (CHS), and community stakeholders are developing the joint ACT Plan.
- In August 2018, the Consultation Forum for the ACT Plan brought together a diverse range of stakeholders to identify priorities and strategies that form the basis of the ACT Plan. Online consultations continued until the end of October 2018.
- The priorities for the ACT Plan will align with Office for Mental Health and Wellbeing (the Office) priorities, that were identified in codesign workshops in February 2019, and focus on better outcomes through service integration, early intervention, whole of person care and suicide prevention.
- A draft is being prepared by CHN incorporating an implementation plan and outcomes framework that will be available for broader community consultation in July 2019.

Cleared as complete and accurate:	18/06/2019		
Cleared by:	Executive Group Manager		Ext: 49392
Contact Officer name:	Melissa Lee		Ext: 49780
Lead Directorate:	Health		
Cleared for release	Yes		
Information Officer name:	Amber Shuhyta		
TRIM Ref:	GBC19/310		

QUESTION TIME BRIEF

Key Information

- Current work is progressing as planned, including completion of a service stocktake to assist with gap analysis and identification of opportunities for better integration to inform the draft implementation plan and performance framework.
- Achieving integrated regional planning and service delivery is Priority Area 1 of the 5th Plan.

The Regional Plan

- The planning process incorporates service mapping and data analysis as well as drawing on evidence and best practice in developing the ACT Plan. For example:
 - CHN, ACT Health and the Australian National University have drafted the first edition of the Integrated Mental Health Atlas of the Australian Capital Territory Primary Health Network Region;
 - CHN, the ACT Health Directorate and Canberra Health Services staff have been trained in the use of the National Mental Health Services Planning Framework (NMHSPF) planning support tool to assist and inform service planning and demand analysis;
 - CHN has conducted baseline (2016) and follow up (2018) Needs Assessments for the Primary Health Network region;
 - analysis of data on community and service profiles, prevalence of mental health issues, service use and outcomes; and
 - the Office has established a detailed Matrix of Services, mapping available services across age groups and level of need.
- Collaboration and co-design are fundamental to the process of creating the ACT Plan. Key stakeholders, inclusive of people with lived experience of services, have been involved in the ACT Regional Planning Working Group and the consultation forum held involved participants from across the ACT community more broadly. An online survey invited additional input with over 30 online submissions received.
- Priorities identified in the February 2019 codesign workshops held by the Office have also informed the ACT Plan. The Office will play an important role in supporting implementation of the ACT Plan.
- Priorities for the ACT Plan have been agreed and include:
 - Improved outcomes for everyone
 - Service integration
 - Innovative workforce
 - Early intervention in life, illness and episode
 - Whole of person care

Cleared as complete and accurate:	18/06/2019		
Cleared by:	Executive Group Manager		Ext: 49392
Contact Officer name:	Melissa Lee		Ext: 49780
Lead Directorate:	Health		
Cleared for release	Yes		
Information Officer name:	Amber Shuhyta		
TRIM Ref:	GBC19/310		

QUESTION TIME BRIEF

○ Suicide Prevention

- The rationale and detail about the priorities is being developed along with initial thinking about the implementation and evaluation frameworks with ongoing input from the Stakeholder Working Group. Further consultation and co-design work will be done when the draft ACT Plan is released for community consultation.
- Specific input is being sought from key stakeholders to ensure the ACT Plan is representative of the issues and priorities of the whole ACT community. Strategic approaches are being made to address consultation gaps prior to finalising the ACT Plan. The appointment of an Aboriginal and Torres Strait Islander Engagement Officer, under the LifeSpan Implementation Project, has been a welcome addition to contribute to the Suicide Prevention priority of the ACT Plan.

Cleared as complete and accurate:	18/06/2019		
Cleared by:	Executive Group Manager		Ext: 49392
Contact Officer name:	Melissa Lee		Ext: 49780
Lead Directorate:	Health		
Cleared for release	Yes		
Information Officer name:	Amber Shuhyta		
TRIM Ref:	GBC19/310		

GBC19/260

Portfolio: Mental Health**ISSUE: NURSES AND MIDWIVES:TOWARDS A SAFER CULTURE****Talking points:**

- In December 2018, the Minister for Health and Wellbeing and I launched ACT Health's strategy to improve the workplace health and safety of nurses and midwives.
- The *Nurses and Midwives: Towards a Safer Culture – The First Step Strategy (the strategy)* outlines ACT Health's vision of an ACT public health care system where staff, patients, and visitors are protected from harm and feel safe at all times.
- The Strategy is being led by ACT Health and includes Canberra Health Services, the University of Canberra Hospital, and Calvary Public Hospital Bruce.
- Engagement with nurses, midwives and executives across the three workplaces continues to raise awareness of the Strategy.
- The Nurses and Midwives: Towards a Safer Culture – The First Step Strategy Steering committee has been established, chaired by the Chief Nursing and Midwifery Officer, to provide governance for decision making, project direction and monitoring project deliverables.
- An expert advisory group will be established to provide advice on each of the key focus area of the strategy being
 - organisation wide governance;
 - occupational violence and aggression;
 - challenging occupational behaviour; and
 - safe work practices.
- To date, interactive consultation sessions with 126 nurses and midwives from across the three workplaces have occurred to inform the implementation of the strategy.

Cleared as complete and accurate:	22/05/2019	
Cleared by:	Deputy Director-General	Ext:49180
Contact Officer name:	Leanne Done	Ext:49906
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Dave Peffer	
TRIM Ref:	GBC19/260	

QUESTION TIME BRIEF

- To continue the positive change to improve safety for nurses and midwives funding is required to continue this important work.
- A request for funding has been submitted for the 2019-2020 financial year.

Key Information

- The Nurses and Midwives, Towards a Safer Culture Project requires funding as the project continues to develop the strategy and its implementation.
- The project officers have clinical experience and are a dedicated resource to develop and implement the strategy by the end of financial year 2020-2021.
- A key component of the strategy is the piloting and evaluation of the Safewards model.
- The Safewards Model is a mental health in-patient health program developed in the United Kingdom by Professor Len Bowers and has been successfully implemented internationally and nationally in public health services in Victoria, NSW and Queensland.
- The project team is liaising closely with other ACT Government departments and jurisdictions to centralise the introduction of Safewards in ACT public health services to support staff in the workplace.

Background Information

- Workplace (occupational) violence and aggression is a threat facing all health care workers and health services world wide.
- Addressing this threat is a major focus for all health services as they strive to provide a safe and healthy workplace for staff in a constantly changing health care environment.
- Nurses and Midwives are at the forefront of health care delivery and are the largest health care group exposed to Occupational Violence and Aggression (OVA).
- Research suggests significant under-reporting of OVA incidents against staff due to a multitude of factors, including complexity of reporting systems, a culture of normalisation of OVA and stigma related to reporting.

Cleared as complete and accurate:	22/05/2019	
Cleared by:	Deputy Director-General	Ext:49180
Contact Officer name:	Leanne Done	Ext:49906
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Dave Peffer	
TRIM Ref:	GBC19/260	

GBC19/260

Portfolio: Mental Health

**ISSUE: CENTENARY HOSPITAL FOR WOMAN AND CHILDREN
 INFRASTRUCTURE EXPANSION TIMEFRAMES – ADOLESCENT
 MENTAL HEALTH SECTION**

Talking points:

- The CHWC expansion project will support the ACT Government's whole-of-territory health services strategic vision which is focussed on an evidence-based approach to provide a world-class, patient-centred, health system, providing access to the right services in the right place at the right time, by the right person.
- Early design for the project has been completed and final scope approved by Government. The project will deliver additional maternity beds, more special care beds and neonatology services, an adolescent mental health inpatient unit and day service, a specialised gynaecological procedures room, and better integrated maternity services and improved paediatric services.
- Construction of the expansion project started in the 2018-19 financial year, with completion of the security enhancement works to support a Custodial Birth Suite. This element was completed in October 2018.
- It is important to highlight that the expansion is happening in an existing facility on Canberra Hospital campus. There are existing health services operating 24/7 and we need to ensure there is a continuation of care and services for patients and their families while this major project is underway.
- The Expansion of the CHWC is targeted for completion in 2021-22, with partial capital funding already provided through the 2018-19 budget. The 2019-20 budget will provide remaining additional capital funding.
- The expansion will enable the CHWC to meet the growing need for already provided maternity and paediatric services, and will also enable the hospital to deliver new womens and childrens services such as specialised adolescent mental health services.

Cleared as complete and accurate:	30/05/2019	
Cleared by:	Executive Group Manager	
Contact Officer name:	Liz Lopa	Ext: 49805
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Jakob Culver	
TRIM Ref:	GBC19/260	

QUESTION TIME BRIEF

- The expansion will complement recent upgrades to maternity services at Calvary Public Hospital Bruce in order to futureproof our territory-wide health system for public hospital women's, youth and children services.
- As part of the CHWC Expansion project, this Government is committed to delivering an Adolescent Mental Health Inpatient Unit (AMHIU) and planning and early design work for this new service is underway. It is expected that the AMHIU will be completed during the 2021-22 financial year.

Key Information

- The ACT Health Directorate is currently seeking tenders from suitably experienced contractors to design and build new treatment, staff and patient spaces as part of the expansion of the hospital.
- Since the expansion was announced there has been a lot of engagement with our clinical workforce to inform the design specifications for the new and expanded spaces, so this is an important milestone for the project.
- The expansion of the hospital is taking place in phases, and commenced with the completion of a custodial birthing suite in October 2018.
- The project is targeted for completion in the 2021-22 financial year.
- The total capital cost for the project is \$49.05 million, including a \$3.0 million provision for the relocation of the Ronald McDonald House to enable the delivery of expansion elements of the project. In this regard, existing funding (WIP) from capital appropriation through 2018-19 budget processes will contribute to the total cost.

Funding for the Expansion of the CHWC (To be confirmed in the 2019-20 Budget)

	2019/20	2020/21	2021/22	2022/23	Total
	\$'000	\$'000	\$'000	\$'000	\$'000
Expenses	0	3,990	14,990	20,510	39,490
Capital	0	30,000	10,550	0	40,550
Capital Grant (Relocation of RMH)	3,000			0	3,000

- Existing capital funding for the project was also provided through the 2018-19 budget.

Cleared as complete and accurate:	30/05/2019	
Cleared by:	Executive Group Manager	
Contact Officer name:	Liz Lopa	Ext: 49805
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	Jakob Culver	
TRIM Ref:	GBC19/260	

GBC19/260

Portfolio: Mental Health**ISSUE:** Mental Health and Justice Health Budget Initiatives**Talking points:**

- There are nine mental health and justice health initiatives contained in the 2019-20 ACT Budget, consisting of:
 - Expanding public inpatient mental health care;
 - 7-day-a-week Mental Health Consultation Liaison service;
 - More Mental Health Services at Canberra Hospital;
 - Expanding health services at the Alexander Maconochie Centre;
 - Delivering better mental health care for people in crisis;
 - Alternative justice pathways for people with mental illness;
 - Expanding public healthcare services for eating disorders;
 - Strengthening capacity for mental health carers; and
 - A Safer Canberra/Strengthening Public Safety and Security.
- The electroconvulsive therapy initiative also includes capital funding of \$1.764 million in 2019-20 and \$0.756 million in 2020-21.
- The initiatives will employ an additional 26.9 FTE in 2019-20, growing to 33.8 FTE by 2021-22.

Initiative Descriptions (with Budget Paper Descriptions):

- ***Expanding Public Inpatient Mental Health Care:*** The Government will boost administration, allied health, and nursing staff levels in the Adult Mental Health Unit. This will allow a more comprehensive psychosocial approach to support inpatients, as well as support workforce development and improved clinical care standards.
- ***7 Day-a-week Mental Health Consultation Liaison service:*** The Government will expand the Mental Health Consultation Liaison service to operate at Canberra Hospital seven days a week, increasing the level of support available for people with mental illness.

Cleared as complete and accurate:	28/05/2019	
Cleared by:	Executive Group Manager	Ext: 49869
Contact Officer name:	Regan Freeburn	Ext: 78020
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	John Fletcher	
TRIM Ref:	GBC19/260	

QUESTION TIME BRIEF

- **More Mental Health Services at Canberra Hospital:** The Government will establish an Electroconvulsive Therapy service to operate within the Adult Mental Health Unit at the Canberra Hospital. This will provide access for mental health patients who previously have been unable to receive this treatment.
- **Expanding health services at the Alexander Maconochie Centre:** The Government will provide a targeted opiate replacement treatment service and a range of additional drug and alcohol services at the Alexander Maconochie Centre (AMC). This will help reduce waiting times for alcohol and drug consultations, and will provide earlier access to interventions for detainees.
- **Delivering better mental health care for people in crisis:** The Government will undertake planning and design work for a Police, Ambulance and Clinician Early Response model to better manage acute mental health related incidents in the community.
- **Alternative justice pathways for people with mental illness:** The Government will expand Mental Health, Justice Health and Alcohol and Drug Services to address the over-representation of people with mental health concerns who are in contact with the criminal justice system.
- **Expanding public healthcare services for eating disorders:** The Government will establish an Eating Disorders Specialist Clinical Hub and a non-government operated, community-based intervention support service to expand the capacity and range of eating disorder services available in the ACT.
- **Strengthening capacity for mental health carers:** The Government will recruit two Carer Engagement Clinicians to pilot a range of support and psychosocial education activities to build capacity for the families and carers of people with mental health conditions.
- **A Safer Canberra/Strengthening Public Safety and Security:** The Government will provide several high priority requirements to strengthen the safety of the ACT as part of a National effort to address the risks associated with people who have a fixated threat, and to better protected crowded places from terrorism. The initiative is a two year trial.

Cleared as complete and accurate:	28/05/2019	
Cleared by:	Executive Group Manager	Ext: 49869
Contact Officer name:	Regan Freeburn	Ext: 78020
Lead Directorate:	Health	
Cleared for release	Yes	
Information Officer name:	John Fletcher	
TRIM Ref:	GBC19/260	

QUESTION TIME BRIEF

Key information

- The below table details the funding breakdown of the nine mental health and justice health initiatives contained in the 2019-20 ACT Budget:

Name	Recurrent				Total \$000's
	2019-20 \$000's	2020-21 \$000's	2021-22 \$000's	2022-23 \$000's	
Expanding public inpatient mental health care	1,680	1,722	1,765	1,809	6,976
7-day-a-week Mental Health Consultation Liaison service	800	1,234	1,268	1,292	4,594
More mental health services at The Canberra Hospital	0	488	999	1,078	2,565
Expanding health services at the Alexander Maconochie Centre	258	266	273	277	1,074
Delivering better mental health care for people in crisis	147	0	0	0	147
Alternative justice pathways for people with mental illness	731	749	768	787	3,035
Expanding public healthcare services for eating disorders	179	442	683	913	2,217
Strengthening capacity for mental health carers	226	231	0	0	457
A Safer Canberra - CHS resources for fixated threat mgt capability trial	82	277	285	0	644
	4,103	5,409	6,041	6,156	21,709

Cleared as complete and accurate: 28/05/2019
 Cleared by: Executive Group Manager Ext: 49869
 Contact Officer name: Regan Freeburn Ext: 78020
 Lead Directorate: Health
 Cleared for release: Yes
 Information Officer name: John Fletcher
 TRIM Ref: GBC19/260